



MEMBERS' NEWS

Upcoming elections!

Elections for Erewash South, Derby City East (one of two seats) and Chesterfield South will be running very soon.

We need members of the public who are motivated, enthusiastic and willing to engage with their local community. It is important to us as an NHS Foundation Trust to get a wide range of people from different age groups, genders, ethnicities and backgrounds to best represent the people within their constituency.

To be eligible to become a governor you must:

- be a member of the constituency you wish to stand for
- be 16 or over.

We will be inviting nominations for these vacant governor posts from 1 April, with elections taking place in May 2015.

If you would like to nominate yourself for one of our vacant governor posts, please request a nomination form by Monday 20 April 2015 from:

John Box
Project Manager
Electoral Reform Services
john.box@electoralreform.co.uk
Tel: 020 8829 8453

For further information please email membership@derbyshcft.nhs.uk or call 01332 623723.

Timescales

The elections to these vacant governor posts will open from 1 April 2015, with the declaration of results due on 2 June, as outlined below:

| Election stage | Date |
|-------------------------------------------------|------------------------|
| Notice of election/nomination open | Wednesday 1 April 2015 |
| Nominations deadline | Monday 20 April 2015 |
| Summary of valid nominated candidates published | Tuesday 21 April 2015 |
| Final date for candidate withdrawal | Thursday 23 April 2015 |
| Notice of poll published | Friday 8 May 2015 |
| Voting packs despatched | Monday 11 May 2015 |
| Close of election | Monday 1 June 2015 |
| Declaration of results | Tuesday 2 June 2015 |

Voting

We have recently introduced online voting, so if you have given us a valid email address you will receive your voting instructions via email. Please look out for this email from 11 May 2015, as your vote is very important to us.

Community events

We are also holding a community meeting in each area for members, where you can find out more information about the Trust and the role of being a governor. These events will take place as follows:

| | | | | |
|----------|-----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|--------------|--------------------|
| 31 March | Laurence Baldwin – Children and Adolescent Mental Health Service (CAMHS) presentation and Q&A | Borrowash Methodist Church Hall, Nottingham Road, Borrowash, Derby, DE72 3JU | 3.30pm – 5pm | Erewash South |
| 8 April | Kath Lane – An introduction to our services in North Derbyshire and Q&A | The Winding Wheel 13 Holywell Street, Chesterfield, Derbyshire S41 7SA | 5pm – 7pm | Chesterfield South |
| 16 April | Richard Morrow – Mindfulness presentation and Q&A | Springwood Leisure Centre, Springwood Drive, Oakwood, Derby, DE21 2RQ | 5pm – 7pm | Derby City East |

Transformation update

There continues to be wide transformational plans developed for the north and south of the Derbyshire. For the areas covered by North Derbyshire and Hardwick Clinical Commissioning Groups (CCGs), the transformation programme is called 21st Century Healthcare – or 21c for short, and the phrase #JoinedUpCare is being used to describe what the programme is trying to achieve. The partnership will ensure the demands of a growing elderly population, with long term complex illness and multiple needs can be met and to break down barriers to make sure people receive not just high-quality care, but well-organised care designed for them.

Fundamentally, the shared aim is to keep people:

- Safe and healthy – free from crisis and exacerbation
- At home – out of health and social care beds
- Independent – managing with minimum support.

For the areas covered by Southern Derbyshire and Erewash CCGs, the transformation programme is being led by a System Transformation And Reconfiguration (STAR) Board. It aims to move more care from specialist, hospital-based services to a model where more care is provided in the community and patients are empowered to take greater care of themselves. The STAR Board has identified four transformation areas where local services feel changes must be made to meet the challenge:

- Redesigning community services to support more people outside of hospital
- Transforming general practice to ensure it can cope with growing demand
- Improving care and support for people - and their families and carers – at the end of their life
- Ensure services work better together to make sure people only spend time in hospital when that is necessarily and that people can more easily move between services without duplication.

In turn, it has identified five priority areas – urgent care, elective pathways, integrated primary and community care, children’s care and mental health – and set up delivery groups to agree the key changes required. The mental health group is being chaired by our Chief Executive, Steve Trenchard. In addition, Steve is the sponsor of the children’s delivery group.

Our commitment

The Trust is committed to working collectively with its partners to ensure we share our plans, and support each other in any potential changes – thereby creating more joined-up care approaches with fewer transfers of care or gaps in services for our patients.

Nutrition and Hydration Week

Did you know that you should be drinking 7-8 drinks per day to keep yourself fully hydrated?

This week is Nutrition and Hydration Week; a global campaign that we are supporting as a Trust with a number of awareness raising events. The campaign runs from 16 - 22 March and exists to create a global movement that will raise awareness and improve understanding of the vital importance of good nutrition and hydration across social and health care settings.

Throughout the week, the Trust's dietitians will be hosting a number of information stalls across two hospital sites in Derby and Chesterfield to teach patients, staff and visitors about the benefits of keeping themselves well-nourished and hydrated. Each inpatient under the care of the Trust will also receive a free bottle of water to encourage healthy hydration levels, in addition to the range of drinks they typically receive throughout the day, and all wards caring for adult inpatients will be provided with a fruit platter to promote healthy snack options and the role of food in hydration. Furthermore, the Trust's dementia wards will host a special Nutrition and Hydration Week afternoon tea party for patients and their carers to reflect on their food consumptions.

For further information about Nutrition and Hydration Week 2015 and to pledge your support, please visit our [Trust website](#).

Calling all members!

We are looking for enthusiastic Trust members who have a passion for their local community to work with us as Membership Champions.

As a voluntary Membership Champion you will help us to recruit new members and engage with existing ones, closely linked with the community in which you live.

You may have an interest in mental health, learning disabilities or children's health. Or you may want to learn more about the Trust and how it serves the local population.

You will work closely with members of the Communications and Involvement team and with Trust governors, and be invited to attend membership planning meetings.

We would like our Membership Champions to help us discover what our members really want out of their Trust membership and assist us in providing it.

For more information or to express an interest, please contact the Membership team on **01332 623723** or email membership@derbyshcft.nhs.uk.

- Training and full support available
- Voluntary role but travel expenses will be reimbursed
- No set hours – as much or as little time as you wish to give
- Currently limited spaces available
- Open to all members throughout the county.

Next Council of Governors' meetings

Every three months, Trust governors meet the executive team to discuss issues and give feedback from their constituents. These meetings are open to the public – if you would like to attend and have any special requirements, please contact the membership team on 01332 623723 or email membership@derbyshcft.nhs.uk.

All meetings are held in Conference Rooms A and B at the Centre for Research & Development, Kingsway Site, Derby DE22 3LZ.

2015 meeting dates

Tuesday 16 June 2015, 1pm - 4pm

Tuesday 8 September 2015, 1pm - 4pm

Tuesday 8 December 2015, 1pm - 4pm

Get to know your governor -

Contacting your local governor is a key way to get involved in our work and ensure that we provide the best possible care and treatment. You can contact your local governor by emailing governors@derbyshcft.nhs.uk (please say where you live, so we can forward on your message to the appropriate governor) or calling the Membership team on 01332 623723.


And finally.....

Like us on Facebook!

Keep up-to-date with all of the latest news, events and campaigns from the Trust by liking our brand new [Facebook page](#) from home or via your smartphone. To like us on Facebook, simply search for 'Derbyshire Healthcare NHS Foundation Trust' on Facebook or visit: www.facebook.com/derbyshirehealthcarehnsfoundationtrust

[FOOTER]

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