



MEMBERS' NEWS

Dear member,

Welcome to the February edition of your Members' News!

Want to make a difference to YOUR local healthcare provider?

Then why not stand in Derbyshire Healthcare's governor elections?!

The nominations for elections, in the following public constituencies, are now open:

- Amber Valley North
- Bolsover
- Chesterfield North
- Chesterfield South
- Derby City East (two vacant seats)
- Erewash North
- High Peak
- Surrounding Areas.

Being a governor can be a very rewarding experience! Governors have the opportunity to:

- represent the views of their constituents and shape the way our services are delivered
- hold the non-executive directors to account for the Trust's performance
- attend events throughout the year which offer them the chance to engage with members of their constituency and members of staff
- fulfil statutory responsibilities such as the appointment of non-executive directors and the Trust chairman.

Governors serve a term of three years and reasonable travel expenses are paid.

What we need from our Governors – commitment, engagement, open and honest dialogue, feedback from your constituents, attendance at Council of Governor meetings, involvement in training, working groups and committees.

What Governors can expect from us – training, support, involvement in decision making, mentorship, paid expenses, open and honest dialogue.

If you are interested in becoming a governor for the Trust but would like more information, or to arrange a meeting with the Chairman, please contact the membership team on 01332

623723 or email membership@derbyshcft.nhs.uk.

The Trust welcomes nominations from persons of any age (16 or over), race, economic disadvantage, gender, religion, disability or sexual orientation. Successful candidates will be required to take part in a Disclosure and Barring (DBS) check. As our governors are given access to patient areas, which sometimes means having contact with service receivers and vulnerable people in our care, we require these checks to ensure we are fulfilling our safeguarding responsibilities.

All nominations should be received by the Returning Officer, Jonathan Tait, at the address as detailed above, by Noon on Monday 14th March 2016. To request a form please contact Jonathan Tait:

Telephone: 0208 889 9203

Email: ftnominationenquiries@electoralreform.co.uk

Post: Electoral Reform Services Limited
The Election Centre
33 Clarendon Road
London. N8 0NW

We are also holding community meetings in a number of areas for members, where you can find out more information about the Trust and the role of being a governor. These events will take place as follows:

2 March	An introduction to our services in the local area and Q&A	Buxton Methodist Church, Chapel Street, Buxton SK17 6HX	5pm – 7pm	High Peak
7 March	An introduction to our services in the local area and Q&A	Amber Trust Boardroom, 7-11 Wellington Street Ripley Derbyshire DE5 3EH	4pm – 6pm	Amber Valley North

Winter edition of *Connections* magazine – out now!

The winter edition of *Connections* magazine is out now! [Click here](#) to read it in full and view articles on our latest governors, our commitment to become a 'smoke-free' organisation and an in-depth look at the Trust's physiotherapists.

Council of Governors meetings

The Trust's governors regularly meet the Trust's directors to discuss issues and give feedback from their constituents. These meetings are open to the public – if you would like to attend and have any special requirements, please contact the membership team on 01332 623723 or email membership@derbyshcft.nhs.uk.

Upcoming meeting:

- Tuesday 8 March 2016, 1pm - 4pm, Conference Rooms A&B, Centre for Research and Development, Kingsway Site, Derby DE22 3LZ.

Governor update

We would like to announce that our governor for Amber Valley South, John Morrissey, has been elected unopposed into the role of lead governor. On behalf of the Trust we would like to take this opportunity to congratulate John and welcome him into the role.

Also, we have a newly appointed governor for Derby City Council, Cllr Diane Froggatt, whom we would like to welcome to the Council.

Introducing... the CAMHS RISE team

Southern Derbyshire CCG and Erewash CCG are funding a new CAMHS service to ensure that children and young people who are in urgent need of care due to self-harming or suicidal thoughts get the support they require.

The service, called CAMHS RISE – rapid intervention, support and empowerment – will extend the work of the CAMHS hospital liaison service into the community. It will offer rapid intervention when young people present themselves at a GP surgery in acute distress – such as when they have seriously self-harmed or are experiencing suicidal feelings.

The new team, which will be fully operational later this spring, is made up of experienced mental health nurses and occupational therapists from our Trust, overseen by a consultant psychiatrist, and will be available to support GPs seven days a week, 365 days a year. It will be based at the Royal Derby Hospital, where it already offers seven-day-a-week support to staff in the Children's Emergency Department.

GPs tell commissioners that they sometimes find it difficult to confidently assess whether a young person in mental distress is in urgent need of emergency care. The CAMHS RISE team will speak with the GP and the young person and provide specialist advice. Where the team recommends that a young person goes to the children's emergency department at Royal Derby Hospital, the team will make every effort to meet with that young person, maximising the continuity of care. Where a visit to hospital is not required, but a more detailed mental health assessment is needed, the team will arrange that with the GP and the young person.

The end result should be that young people get the care and support that meets their needs – and there should be fewer young people being admitted unnecessarily to hospital. That reflects the key aims of the 'joined up care in the south of Derbyshire' programme – meeting the demand for quick access to complex care and for care 'close to home'.

More information about contacting the CAMHS RISE team will be shared with GPs in the coming weeks. If you have any questions, please email Chris Kirk, CAMHS RISE team leader: chris.kirk@derbyshcft.nhs.uk.

Hartington Unit service receivers and staff publish new rustic recipes book

Rustic Recipes, a new recipe book created by staff and service receiver at the Hartington Unit in Chesterfield, has now been published and is available to purchase from the unit.

Rustic Recipes is packed full with recipes from meals created as part of the Hartington Unit's cookery groups and staff and service receivers' favourite recipes. The unit has published a book to encourage others to cook healthy and enjoyable meals that can contribute to a healthy body and mind.

Staff and service receivers are asking anyone who wishes to purchase *Rustic Recipes* to make a donation. All proceeds raised will be reinvested back into patient care at the unit. For further information, please email Christine.Priestley@derbyshcft.nhs.uk.

And finally.....

Avril Burditt awarded for outstanding support to Derby's substance misusers

Avril Burditt – a Phoenix Futures keyworker who works as part of our Derby Drug and Alcohol Service at St Andrews House in Derby – was recently recognised for her amazing efforts in helping Derby residents with their substance abuse issues. Avril (pictured, *left*, with Karen Biggs, Chief Executive of Phoenix Futures, *right*) was announced as Phoenix Future's Unsung Hero at their New Year Honours celebration event.

Speaking about Avril's commitments to the substance misuse service, Service Line Manager David Hurn said: "Derbyshire Healthcare should be so proud of Avril Burditt – she is a true success story! Back in 2012 Avril was a receptionist working for the Trust at the Bradshaw Clinic in Derby and had a passion to work with people with substance misuse issues. As her line manager I always saw great potential in her and we supported her application to become a drug worker with Phoenix Futures. Not only did she achieve her goal but she has gone on to be an amazing drug worker and essential team member for the Derby team. Her recent achievement of 100% service receiver attendance within a month – unheard of within our field – is testament to how hard she works, her engagement skills and the high esteem in which she is held by our service users."

Karen Biggs, Chief Executive of Phoenix Futures, said: "New Year Honours is one of the ways we choose to celebrate the achievements of teams and individuals and to say thank you. Every day in Phoenix we witness staff and volunteers giving the very best of themselves to support some of the most vulnerable people in our communities. What is special about this annual event is that people are nominated by their peers and everyone who was nominated should feel very proud."

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