



MEMBERS' NEWS

Dear member,

Welcome to the June edition of your Members' News!

Six new governors take their seats on the Council

Six new governors have taken their seats on the Trust's Council of Governors after they were elected unopposed.

We would like to extend a very warm welcome to the following individuals:



Rosemary Farkas - Surrounding areas :

Rosemary would like to use her dual experience as a service user and mental health professional to help achieve the best possible mental health care for the .



Shelley Comery - Erewash North :

Shelley has a diverse knowledge of supporting people with learning difficulties, physical disabilities and mental ill health, which she has experienced herself.



Gillian Hough - Derby

City East:

Gillian is good at listening to others, then taking forward concerns to create change. Having a service which meets the needs of service users is critical to her.



Carole Riley - Derby City East:

Carole started her working career as a midwife and spent over 20 years working in the industry.

She has been a volunteer in a national youth organisation for over 40 years and she also has 35 years' experience in school governance.



Lynda Langley - Chesterfield

North :

Lynda's area of expertise is that of business management, administration, logistics, accounts and customer service. Her role included being an NVQ Assessor.



John Jeffrey - Bolsover:

John has been a lifelong supporter of the NHS and believes that our system of healthcare is among the best in the world.



**Sarah Gray: Staff: Nursing
and Allied Professions**

Sarah is a Senior Mental Health Practitioner and has worked in CAMHS for the last 14 years.

She is currently involved in setting up a Community Eating Disorder Service for Children and Young People in Derbyshire.



Alexandra Hurst: High Peak

Alexandra was Chief Executive at NDVA in Chesterfield, an organisation which supports and represents health related voluntary organisations in Derbyshire.

The Trust's Council of Governors consists of 16 elected public and staff governors, alongside representatives from local partners and councils (known as appointed governors), totalling 27 members.

They meet six times a year in public which Trust members are welcome to observe. You can see a full list of upcoming meeting dates and meeting papers on the Council of Governors meetings section on the Trust website www.derbyshcft.nhs.uk

Major inspection of our services: get involved by giving your feedback

The Care Quality Commission (CQC) is one of our regulators. It monitors and inspects health and social care services across the country.

Next week, from 6 to 10 June, the CQC will be inspecting our Trust's services.

As part of this process the CQC openly invite comments and feedback from people who work with and for the Trust, people who use our services, their carers and our members. If you or a loved one have received services from Derbyshire Healthcare and you would like to share your thoughts or experiences, you can do this by talking to the CQC about the quality of care we provide.

The quickest and easiest way to give your feedback is to go to the 'share your experience' page on the CQC website:

[http:// www.cqc.org.uk/content/derbyshire-healthcare-nhs-foundation-trust-please-share-your-experience](http://www.cqc.org.uk/content/derbyshire-healthcare-nhs-foundation-trust-please-share-your-experience)

On this page there are specific feedback forms for the Hartington Unit in Chesterfield and for London Road Community Hospital, the Radbourne Unit and 'Trust HQ' (the Kingsway Site) in Derby.

Alternatively you can call the CQC on 03000 61 61 61, or email enquiries@cqc.org.uk – make sure you quote 'Derbyshire Healthcare' or use the reference number RXM.

Proud to be smokefree

We are proud to announce that the phased approach to becoming smoke-free in certain inpatient units across the Trust has now been completed, resulting in all of Derbyshire Healthcare's services being completely smoke-free environments.

This means that staff, service receivers and visitors are not allowed to smoke or use e-cigarettes anywhere on our sites - including wards, grounds, vehicles and during home visits.

Our staff are receiving extra training to help people who do smoke to stop smoking for a period of time whilst they are under our care, or quit for good. This will ensure that our staff can appropriately support service receivers to stop smoking and work with each individual to identify an alternative that works best for them.

Our staff will be requesting that a smoke free environment is provided for any home visits.

This requires a room that has not been open to cigarette smoke for at least an hour before the

visit is due to take place. Support is available across the Trust's inpatient wards through a range of nicotine replacement therapies (NRT).

Local help to quit smoking

Support services are available locally to help people who wish to reduce their smoking habits, quit permanently, or prepare to go smoke-free for a period of time. The services include:

- Live Life Better Derbyshire - Tel: 0800 085 2299
- Live Well Derby - Tel: 01332 641254

If you have any questions about the Trust's smoke-free commitment, please email smokefree@derbyshcft.nhs.uk.

New Trust strategy

The Trust Board, at its meeting in May, approved the new Trust-wide strategy. The development of the new strategy follows several months of engagement with our staff and stakeholders to ensure the strategy was meaningful to people, relevant to current challenges and helped decision making. Thank you to all members who have supported and fed into this process.

In support of the new vision and refreshed values, an updated set of strategic priorities have been developed, to reflect the focus on the new five year strategy. These are:

- We will deliver quality in everything we do providing safe, effective and person centred care
- We will develop strong, effective, credible and sustainable partnerships with key stakeholders to deliver care in the right place at the right time
- We will develop our people to allow them to be innovative, empowered, engaged and motivated.
We will retain and attract the best staff.
- We will transform services to achieve long-term financial sustainability.

The new strategy directly relates to current challenges, and the Trust's commitment to work as a key partner with colleagues across the wider health care economy. For example, it makes explicit reference to the wider

'Sustainability and Transformation Plan' (STP) – see below for further information - that is being developed by partners across Derbyshire and Derby City for the period 2016-21 and how the Trust intends to contribute towards the success of the system plan by working with partners such as the Clinical Commissioning Groups (CCGs), other providers, the voluntary sector and our patients.

The new strategy, and a short summary document can be found on the Trust's website at www.derbyshirehealthcareft.nhs.uk

Derbyshire's Sustainability & Transformation Plan (STP)

Health and care colleagues working across the city of Derby and the wider county of Derbyshire have committed to working together to tackle a number of health challenges that affect all our communities. The development of a Sustainability & Transformation Plan (STP) aims to achieve the following shared principles:

- We need to improve the access to and the impact of prevention by promoting the importance of healthy lifestyles; reducing smoking, alcohol consumption and improving diet and by ensuring that we support both community and individual resilience and wellbeing
- We need to better meet the needs of people who require complex, ongoing care; meeting physical, health and social needs together, and better supporting chronic disease management
- We need to eliminate unwarranted variation; by improving the detection and early diagnosis of diseases and intervening early to avoid unwarranted and costly care; especially for cancer, coronary heart disease, diabetes and musculoskeletal conditions
- Ensuring that 'the right care is provided in the right place by the right people'. Our system must align to the needs of the patients and be consistent and equitable, people need to be directed to the right care setting first time ensuring that patients 'flow' effectively through their care and are supported to return to safe independence at home.
- Ensuring that care is provided efficiently; with reduced duplication of service provision, assessments and hand-offs, better purchasing of equipment and medicines, better use of

buildings and effective use of available technology.

We will keep members updated on this programme of work as it develops.

The League of Friend's summer fayre makes a return for 2016



The League of Friends, a charitable organisation that supports the work of Derbyshire Healthcare NHS Foundation Trust, will host the summer fayre on Saturday 9 July from 1pm – 5pm at the Kingsway Site, Derby DE22 3LZ.

Visitors to the fayre will be able to enjoy a wealth of fascinating events and attractions which include a stunt bike show, dance performances, children's magic show, bouncy castle, games, stalls and live music from a local band. Amanda Solloway MP for Derby North will also be attending to draw the summer fayre raffle.

All profits raised from the summer fayre will be reinvested back into patient care provided by Derbyshire Healthcare. Everyone is welcome to attend, and parking and entry are free – so why not join in the fun?

And Finally

Local kids' fundraising for Derby City CAMHS goes swimmingly

A big thank you to art students from Landau Forte College in Derby and students from the Emmanuel Primary School, also in the city, who have been collaborating as part of a unique community arts project to fundraise for our Derby City Child and Adolescent Mental Health Services (CAMHS).

The Landau Forte College students have been creating 3D duck sculptures on the theme of 'aye up mi duck' - a colloquial term used in Derbyshire as a greeting. The ducks were inspired by conversations and designs set by the primary school children's experiences of living in Derby, as well as their interests and hobbies.

Following this, the ducks were exhibited publically at Belper Arts Trail and auctioned off to raise money for the CAMHS Service. All funds raised will be used to purchase equipment to assist the CAMHS Service in delivering meaningful activities for the children and young people that they serve.



Picture – CAMHS senior nurse Vicky Owers is presented with the donation by students and staff from Landau Forte College in Derby.

Hartington Unit staff travel the 6Cs at Chesterfield Caremakers Conference

To celebrate International Nurses Day on Thursday 12 May, colleagues from the Hartington Unit in Chesterfield were invited to showcase the 6Cs of nursing - care, compassion, courage, communication, commitment and competence - at a Caremakers conference held at the Chesterfield Royal Hospital.

In order to demonstrate how the 6Cs are implemented and utilised across mental health services, representatives from the Morton Ward and In-reach team based at the Hartington Unit displayed how the 6Cs play a pivotal role in a patient's care. The aim of the day was for healthcare professionals to get together to share the importance of these six fundamental aspects of care.



Pictured from left to right – student mental health nurse Amanda Debono, CPN Liz Waller, student mental health nurse Anna Marik, student mental health nurse Stephanie Slater and CPN Andrew Johnson.

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