

Substance Misuse



Infolink

Health Resource Directory

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for the people of Derbyshire and Derby City
Updated March 2012

INFOLINK is a mental health resource database which contains information about services, groups and activities that are available to people throughout Derbyshire and Derby City to promote good mental and physical health. The information is collected from many different sources and aims to serve as a useful tool for staff, people who use our services and their families and carers, and other organisations working in partnership.

The information included in this edition has been reviewed and updated for 2012. **INFOLINK** will be reviewed and re-issued regularly.

Updates are held on the Trust website on:
www.derbyshirehealthcareft.nhs.uk/, and on our Core Care Standards Website on www.corecarestandards.co.uk

This booklet supports our Core Care Standards, which are detailed inside.

The directory is listed in alphabetical order and is easy to use. A full index can be found at the back of the directory. Inclusion in **INFOLINK** does not imply recommendation or endorsement of any particular service. It is intended as a collection of available information to help staff and out service users and their families and carers plan care.

If you would like any further information about this directory or would like further copies, or would like to amend, add or update any of the entries, please contact:

Core Care Standards and CPA Service,
The Lodge, Walton Hospital,
Whitecotes Lane, Chesterfield, Derbyshire S40 3HW
Tel/Fax: 01246 515974
Email: cpa@derbyshcft.nhs.uk

Our Core Care Standards

You will be involved as much as you want and are able to be

Services work best when the people who use them are involved in the care process. We will take into account peoples diverse needs, particularly around communication and access. The service will protect your rights, as well as those of other people, and will protect you and others from harm wherever possible.

We will always try to make sure that people are involved as much as they want and are able to be, and have choices wherever possible, but choice may be limited by the services we have been commissioned to provide.

We want to support you to make informed choices through:

- taking part in planning your own care
- considering choices to promote and facilitate your recovery
- being central to the decisions made around your care
- having information to help you make informed choices and decisions

Our Core Care Principles

We will keep information safe and share it when needed, and you will have the right information at the right time

Information For You

To make sure that patients/service users have the information they need to make choices, participate in the care process, make informed decisions, and be truly partners in care, the Trust provides a variety of information including:

- Rights and responsibilities, copies of care plans, contact information, services available, self-help information
- Signposting to relevant agencies and services where needed
- Information required by law
- Benefits and risks of different types of treatment, potential side effects of medication

Using the NHS Choices website, you can create a tailor-made information prescription for particular conditions and illnesses.

Your information prescription tells you about:

- Your condition, your treatment options,
- Care services (from equipment to help you get around the house to specialised exercise classes),

- Benefits you may be able to claim,
- Housing, and support groups.

The Link to Trust Values:



This booklet is a mini version of the Infolink Resource Directory and is intended to give information about services that can be accessed for advice, information or support with issues relating to Substance Misuse.

Services For People Who Suffer From Substance Misuse

Alcohol Problems Advisory Service 36 Park Row, Nottingham,
NG1 6GR Tel No: 0115 9414747

e-mail: info@apas.org.uk Website: www.apas.org.uk

When & Where: Mon-Thurs 11-6.30, Fri 11-4.30, Sat 9-12.30 Drop in and have an informal chat with one of our advice workers using our APAS direct service which is available Monday to Thursday 12.30pm - 6.30pm, Fridays 12.30pm - 4.30pm and Saturdays 9.00am - 12.30pm.

Alcoholics Anonymous – Derbyshire Tel No: 0115 9417100

Website: www.derbyshireaa.co.uk

Al-Anon Family Groups UK & EIRE Al-Anon Family Group UK & Eire,
61 Great Dover Street, London, SE1 4YF.

Tel No: 020 7403 0888 Fax: 020 7378 9910

e-mail: enquiries@al-anonuk.org.uk Website: www.al-anonuk.org.uk

When & Where: Please ring helpline for details of local groups. Al-Anon is worldwide and offers understanding and support for families and friends of problem drinkers, whether the alcoholic is still drinking or not. Alateen, a part of Al-Anon, for young people aged 12-17 who have been affected by someone else's drinking.

Al-Anon Helpline Helpline No: 020 7403 0888

When & Where: 10am - 10pm Daily Helpline for anyone who is affected by someone else's drinking.

Alcohol Concern Alcohol Concern, 64 Leman Street, London, E1 8EU

Tel No: 020 7264 0510 Fax: 020 7488 9213

e-mail: contact@alcoholconcern.org.uk Website: www.alcoholconcern.org.uk

When & Where: 9.00am - 5.00pm Mon-Fri National Office which acts as a source of help and to provide further information on issues about alcohol.

Alcoholics Anonymous PO Box 1, Toft Green, York, YO1 7NJ

Tel No: 01904 644026 Helpline No: 0845 769 7555

e-mail: aso@alcoholics-anonymous.org.uk

Website: www.alcoholics-anonymous.org.uk

AA is a voluntary fellowship of men and women who are alcoholics, who help each other to achieve and maintain sobriety by sharing experiences and giving mutual support. Members are helped to achieve sobriety by staying away from one drink, one day at a time

Derbyshire Alcohol Advice Service Bayheath House, Rosehill West, Chesterfield, Derbyshire, S40 1JF Tel No: 01246 206514
Helpline No: 0845 308 4010 Fax: 01246 274507
e-mail: ndaas@ndaas.org.uk Website: www.alcoholadvice.webden.co.uk
Helpline, counselling, groupwork, advice and information for anyone adversely affected by an alcohol problem.

Derbyshire Drug and Alcohol Action Team (DAAT)

Tel No: 01629 538472 e-mail: community.safety@derbyshire.gov.uk Website: www.saferderbyshire.gov.uk The DAAT is a county 'umbrella' organisation which commissions and co-ordinates all substance misuse services. The DAAT can provide signposting to all appropriate agencies and services.

Drinkline Freepost, PO Box 4000, Glasgow, G3 8XX

Helpline No: 0800 7314 314 Website: www.knowyourlimits.org
Confidential alcohol counselling and information service.

Foundation 66 (formerly Alcohol Recovery Project) Alcohol

Recovery Project, 7 Holyrood Street, London, SE1 2EL Tel No: 020 7234 9940
Fax: 020 7357 6712 e-mail: info@foundation66.org.uk
Website: www.foundation66.org.uk We provide counselling, groups, workshops and a residential service for people with drinking problems.

Narcotics Anonymous 202 City Road, London, EC1V 2PH Tel No: 020

7251 4007 Helpline No: 0300 999 1212 Fax: 020 7251 4006

e-mail: nahelpline@ukna.org Website: www.ukna.org

Narcotics Anonymous is a completely voluntary organisation. Membership is open to anyone with a drug problem seeking help, regardless of what drug or combination of drugs have been used.

Re-Solv - The Society for the Prevention of Solvent and

Volatile Substance Abuse 30A High Street, Stone, Staffordshire, ST15 8AW Tel No: 01785 817885 Helpline No: 01785 810762

e-mail: information@re-solv.org Website: www.re-solv.org

When & Where: Helpline Mon - Fri 9am - 5pm. Not public holidays. Working towards the prevention of solvent and volatile substance abuse through information provision. Staff/volunteers can also refer onto other organisations that provide additional services, for example counselling.

Talk to Frank FRANK@homeoffice.gsi.gov.uk Helpline No: 0800 776600

Infolink (v2) – Substance Misuse April 2012

Inclusion in this booklet does not necessarily imply recommendation

e-mail: frank@talktofrank.com Website: www.talktofrank.com
Ring FRANK anytime and speak to a friendly adviser who's professionally trained to give you straight up, unbiased information about drugs. Website includes information, news and advice.

Women's Work - Criminal Justice Support Service The Villa, 30

Charnwood Street, Derby, DE1 2GU

Tel No: 01332 242525 Fax: 01332 242077

e-mail: info@womens-work.org.uk Website: www.womens-work.org.uk

Women's work is a national award winning charity based in Derby that provides support to vulnerable women and their families who are affected by drug and alcohol problems, abuse, homelessness and offending behaviour. The Link Family Support Service includes prevention initiatives for substance misusers and their families. Promoting health and well being through education trips, diet and exercise, improving parenting skills, delivery of the Strengthening Families Strengthening Communities programme.

Core Care Standards listed:

Assessment:

- We will find out with you what your needs are

Care planning:

- You will have a clear care plan

Review:

- We will check that things are working for you

Co-ordination:

- Your care will be co-ordinated

Discharge/Transfer:

- We will make sure your transfer or discharge works well

Families and Carers:

- We will work with Families and Carers

Involvement and Choice:

- You will be involved as much as you want and are able to be

Risk:

- We will help manage risks to you and others.

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Available in other languages and other formats. Please ask for a translation.

Dostupno u drugim jezicima i formatima. Molimo, zatražite prevod.

可翻譯為其他語言或用其他格式顯示。請要求獲得翻譯本。

Disponible dans d'autres langues et dans d'autres formats. Veuillez demander une traduction.

अन्य भाषाओं और अन्य प्रारूपों में उपलब्ध, कृपया अनुवाद के लिए पूछें।

可翻译为其他语言或用其他格式显示。请要求获得翻译本。

Informacje dostępne w innych językach i formatach. Prosimy zapytać o tłumaczenie.

ਦੂਜੀਆਂ ਭਾਸ਼ਾਵਾਂ ਅਤੇ ਦੂਜੇ ਫਾਰਮੈਟਾਂ ਵਿੱਚ ਉਪਲਬਧ ਹੈ। ਕ੍ਰਿਪਾ ਕਰਕੇ ਅਨੁਵਾਦ ਲਈ ਕਹੋ।

Dostupno na drugim jezicima i u drugim formatima. Molimo pitajte za prevod.

دیگر زبانوں اور صورتوں میں دستیاب ہے۔ براہ کرم ترجمے کے لیے کہیں۔