

# Amber Valley and Erewash



# Infolink

## Health Resource Directory

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## Health Resource Directory

for the people of Derbyshire and Derby City  
*Updated March 2012*

**INFOLINK** is a mental health resource database which contains information about services, groups and activities that are available to people throughout Derbyshire and Derby City to promote good mental and physical health. The information is collected from many different sources and aims to serve as a useful tool for staff, people who use our services and their families and carers, and other organisations working in partnership.

The information included in this edition has been reviewed and updated for 2012. **INFOLINK** will be reviewed and re-issued regularly.

Updates are held on the Trust website on: [www.derbyshirehealthcareft.nhs.uk/](http://www.derbyshirehealthcareft.nhs.uk/), and on our Core Care Standards Website on [www.corecarestandards.co.uk](http://www.corecarestandards.co.uk)

This booklet supports our Core Care Standards, which are detailed inside.

The directory is listed in alphabetical order and is easy to use. A full index can be found at the back of the directory. Inclusion in **INFOLINK** does not imply recommendation or endorsement of any particular service. It is intended as a collection of available information to help staff and out service users and their families and carers plan care.

If you would like any further information about this directory or would like further copies, or would like to amend, add or update any of the entries, please contact:

Core Care Standards and CPA Service,  
The Lodge, Walton Hospital,  
Whitecotes Lane, Chesterfield, Derbyshire S40 3HW  
Tel/Fax: 01246 515974  
Email: [cpa@derbyshcft.nhs.uk](mailto:cpa@derbyshcft.nhs.uk)

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## **Our Core Care Standards**

### **You will be involved as much as you want and are able to be**

Services work best when the people who use them are involved in the care process. We will take into account peoples diverse needs, particularly around communication and access. The service will protect your rights, as well as those of other people, and will protect you and others from harm wherever possible.

We will always try to make sure that people are involved as much as they want and are able to be, and have choices wherever possible, but choice may be limited by the services we have been commissioned to provide.

We want to support you to make informed choices through:

- taking part in planning your own care
- considering choices to promote and facilitate your recovery
- being central to the decisions made around your care
- having information to help you make informed choices and decisions

# Our Core Care Principles

## We will keep information safe and share it when needed, and you will have the right information at the right time

### Information For You

To make sure that patients/service users have the information they need to make choices, participate in the care process, make informed decisions, and be truly partners in care, the Trust provides a variety of information including:

- Rights and responsibilities, copies of care plans, contact information, services available, self-help information
- Signposting to relevant agencies and services where needed
- Information required by law
- Benefits and risks of different types of treatment, potential side effects of medication

Using the NHS Choices website, you can create a tailor-made information prescription for particular conditions and illnesses.

Your information prescription tells you about:

- Your condition, your treatment options,
- Care services (from equipment to help you get around the house to specialised exercise classes),
- Benefits you may be able to claim,
- Housing, and support groups.

Find out more on: [www.corecarestandards.co.uk](http://www.corecarestandards.co.uk)

### The Link to Trust Values:



# Derbyshire Healthcare NHS Foundation Trust

## Our services - What We Do

Trust Headquarters Telephone 01332 623700

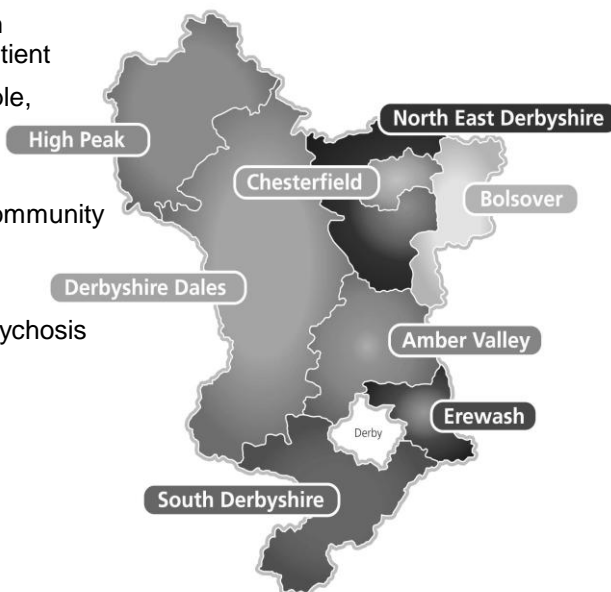
### Children's services (south only)

- health visiting
- school nursing
- community paediatric
- children's occupational therapy and physiotherapy
- child and adolescent community services
- continence advice (county wide)

### Services for adults

- pathfinder entry services
- forensic services (low secure and prison in-reach)
- perinatal mental health services including inpatient
- services for older people, including inpatient
- memory services
- recovery teams and community mental health teams
- assertive outreach
- early intervention in psychosis (from age 14)

- adult acute inpatient
- psychology
- mental health liaison
- crisis resolution home treatment
- day hospital and resource centre
- acute occupational therapy
- eating disorders service
- substance misuse services
- psychological therapies
- community learning disability services (south county and Derby only)



## Derbyshire Healthcare Foundation Trust Service and Team Information

<b>Adult Mental Health Services</b>		
<b>Team</b>	<b>Telephone Number</b>	<b>Address</b>
Amber Valley Adult Recovery	01773 826 040	North Mill, Bridgefoot, Belper, Derbys, DE56 1YD
Audrey House Residential Rehabilitation	01332 293223	17 Vernon Street, Derby, DE1 1FT
Bolsover and Clay Cross Adult Recovery and Pathfinder	01246 827904	The Old Vicarage, High Street, Bolsover, Chesterfield, S44 6HS
Cherry Tree Close Residential Rehabilitation	01332 623714	Cherry Tree Close, Kingsway Site, Kingsway, Derby, DE22 3LZ
Chesterfield Central Recovery and Pathfinder	01246 216510	42 St Mary's Gate, Chesterfield, S41 7TH
Care Management Team	01332 547900	St James House, Mansfield Road, Derby, DE1 3AD
County North Mental Health Team	01246 512572	Hartington Unit, Royal Hospital, Calow, Chesterfield, S44 5BL
County South Adult Recovery	01283 817350	Bank Gate, Rinkway Business Park, 13-15 Rink Drive, Swadlincote, Derbyshire, DE11 8JL
County South Mental Health Liaison Team	01332 787780	Mental Health Liaison Office Derby Royal Hospital, Uttoxeter Road, Derby, DE22 3WQ
Criminal Justice Liaison Team	01332 623728	Kingsway House, West Wing, Kingsway, Derby, DE22 3LZ
Crisis Resolution and Home Treatment North (CRHT)	01246 512831	Hartington Unit, Royal Hospital, Calow, Chesterfield, S44 5BL
Crisis Resolution and Home Treatment North (CRHT)	01298 814784	Chapel Health Centre, Thornbrook Road, Chapel en-le-Frith, Derbyshire, SK23 0RG
Dales North Adult Recovery and Pathfinder	01629 761600	The Ritz Building, 27-29 Causeway Lane, Matlock, Derbyshire, DE4 3AR

Dales South Recovery Team	01335 230035	St Oswald's Hospital, Clifton Road, Ashbourne, Derbyshire, DE6 1DR
Dept of Psychotherapy	01332 364512	63 Duffield Road, Derby, DE22 1AA
Depot/Clozapine Clinic	01332 866990 x 5	Resource Centre, London Road Community Hospital, Derby, DE23 6HX
Derby City and County Crisis Resolution and Home Treatment Team	01332 623900	Radbourne Unit, Derby Royal Hospital, Uttoxeter Road, Derby, DE22 3WQ
Derby City and County South Early Intervention	01332 547169	St James House, Mansfield Road Derby, DE1 3AD
Derby City and South Pathfinder Service	0300 123 0782	St James House, Mansfield Road Derby, DE1 3AD
Derby City Recovery Team 1	01332 547990/ 547961	St James House, Mansfield Road Derby, DE1 3AD
Derby City Recovery Team 2	01332 547960/ 547959	St James House, Mansfield Road Derby, DE1 3AD
Perinatal Inpatient and Community	01332 623828	The Beeches, Radbourne Unit, Derby Royal Hospital, Uttoxeter Road, Derby DE22 3WQ
Eating Disorder Service	01773 881467	2nd Floor, North Mill, Bridgefoot, Belper, Derbyshire, DE22 3LZ
Enhanced Care Ward	01332 623867	Radbourne Unit, Derby Royal Hospital, Uttoxeter Road Derby, DE22 3WQ
Erewash Recovery Adult	0115 9308696	Brooklands, Park Avenue, Ilkeston DE7 5DH
Morton Ward	01246 512550	Hartington Unit, Royal Hospital, Calow, Chesterfield, S44 5BL
Pleasley Ward	01246 512552	Hartington Unit, Royal Hospital, Calow, Chesterfield, S44 5BL
Tansley Ward	01246 512547	Hartington Unit, Royal Hospital, Calow, Chesterfield, S44 5BL
High Peak Pathfinder and Recovery Service	01298 22321	Corbar View, 1-3 Fountain Street, Buxton, Derbyshire, SK17 6HU

Improving Access to Psychological Therapies (IAPT)	0300 123 0542	Ilkeston Resource Centre, Heanor Road, Ilkeston DE7 8TL
Kedleston Low Secure Unit	01332 623700 x 3716	Kingsway, Derby, DE22 3LZ
Killamarsh and North Chesterfield Recovery and Pathfinder	0114 2474886	Killamarsh Clinic, Parkside Shopping Centre, Killamarsh, Sheffield S21 1FY
Melbourne House	01332 623700 x 3440	Melbourne House, Kingsway Site, Kingsway, Derby DE22 3LZ
North County Early Intervention Service	01629 761600	The Ritz Building, 27-29 Causeway Lane, Matlock, Derbyshire DE4 3AR
Outpatients Service North County	01246 512564	Hartington Unit, Royal Hospital, Calow, Chesterfield, S44 5BL
Prison In-Reach Team	01283 584391	HMP Foston Hall, Derbyshire, DE65 5DN
Psychology Services	01332 292740	Oaklands, 103 Duffield Road, Derby, DE22 1AE
Psychotherapy Services	01332 717507	63 Duffield Road, Derby, DE22 1AA
Radbourne Unit Occupational Therapy	01332 623822	Radbourne Unit, Derby Royal Hospital, Uttoxeter Road, DE22 3LZ
Resource Centre Outpatient	01332 254623	London Road Community Hospital London Road, Derby, DE23 6HX
Rykneld Cognitive Behaviour Therapy	01332 207283	Rykneld, Bedford Close, off Bedford Street, Derby, DE22 3HQ
Ward 33	01332 623844	Radbourne Unit, Royal Derby Hospital, Uttoxeter Road, Derby, DE22 3WQ
Ward 35	01332 623835	Radbourne Unit, Royal Derby Hospital, Uttoxeter Road, Derby DE22 3WQ
Ward 36	01332 623834	Radbourne Unit, Royal Derby Hospital, Uttoxeter Road, Derby DE22 3WQ



<b>Mental Health - Older People's Services</b>		
<b>Team</b>	<b>Telephone Number</b>	<b>Address</b>
Amber Valley Older Peoples CMHT	0115 907 1441	Floor 1, Ilkeston Resource Centre, 243 Heanor Road, Ilkeston, Derbyshire, DE7 8TL
Chesterfield Older People Psychology	01246 515762	Leahurst Day Unit, Walton Hospital, Whitecotes Lane, Chesterfield S40 3HW
Chesterfield Older People CMHT	01246 515594	Leahurst Day Unit, Walton Hospital, Whitecotes Lane, Chesterfield S40 3HW
County North Older Peoples CMHT	01246 513015	Blue Room, Hartington Unit, Chesterfield and North Derbyshire Royal Hospital, S44 5BL
South Derbyshire Older Peoples CMHT	01283 817360	Cadley View, Robian Way, Swadlincote, Derbyshire DE11 9DH
Derbyshire Dales (North ) Older Peoples CMHT	01629 810920	Newholme Hospital, Baslow Road, Bakewell, DE45 1AD
Derbyshire Dales (South) Older Peoples CMHT	01335 230039	St Oswald's Hospital, Clifton Road, Ashbourne, Derbyshire, DE6 1DR
Derby City Older Peoples CMHT	01332 623592	Albany House, Kingsway, Derby, DE22 3LZ
Discharge and Placement Team	01332 623724	Albany House, Kingsway, Derby DE22, 3LZ
Dovedale Older Peoples Day Hospital	01332 866980	London Road Community Hospital, London Road, Derby, DE 23 6HX
Erewash Older Peoples CMHT	0115 9071443	Ilkeston Resource Centre, 243 Heanor Road, Ilkeston, Derby, DE7 8TL
High Peak Older Peoples CMHT	01298 213386	Buxton Health Centre, Bath Road Buxton, Derbyshire, SK17 6HL
Cubley Court	01332 623700 ext: 3713	Kingsway, Derby, DE22 3LZ
Tissington Ward	01332 623700 ext 3706	Kingsway, Derby, DE21 3LZ

Hartington Unit Memory Clinic	01246 512692	Hartington Unit, Royal Hospital, Calow, Chesterfield, S44 5BL
Midway Day Hospital	0115 9071440	Ilkeston Resource Centre, 243 Hearnor Road, Ilkeston, Derby, DE7 8TL
Ward 1	01332 258041	London Road Community Hospital, London Road, Derby, DE23 6HX
Ward 2	01332 258045	London Road Community Hospital, London Road, Derby, DE23 6HX

<b>Children's Services</b>		
<b>Team</b>	<b>Telephone Number</b>	<b>Address</b>
Breast Feeding Team	01332 888121	Cardinal Square, 1st Floor, North Point, 10 Nottingham Road, Derby, DE1 3QT
Child and Family Health Centre Littleover/Mickleover	01332 868832	Cardinal Square, 10 Nottingham Road, Derby, DE1 3QT
Child and Family Health Service Area Chellaston/Melbourne	01332 861176	Coleman Street Health Centre, Derby, DE24 8NH
Child and Family Health Service Area Sinfin	01332 764012	Sinfin Health Centre, Sinfin, Derby DE24 3DS
Child and Family Health Services Aboretum/Normanton	01332 888030	Peartree Clinic, Pear Tree Road, Derby, DE23 6QD
Child and Family Health Services Rosehill Sure Start	01332 368563	Big Buiding, 17-19 Lower Dale Road, Derby, DE23 6WY
Child and Family Health Services Area Chaddesden Borrowash Teams	01332 888109	Cardinal Square, 2nd Floor, East Point 10 Nottingham Road, Derby, DE1 3QT
Child and Family Health Services Derwent Teams	01332 288760/288 740	Revive Healthy Living Centre, Roe Farm Lane, Chaddesden, Derby, DE21 6ET
Child and Family Health Services Mackworth Team	01332 888112	Cardinal Square, 2nd Floor, East Point, 10 Nottingham Road, Derby DE1 3QT

Child and Family Health Services Oakwood/Spondon Teams	01332 715730	Suite 16, Beaufort Business Centre, Beaufort Street, Derby, DE21 2AX
Child and Family Health Services Alvaston/Boulton Team	01332 861176	Coleman Street Health Centre, Derby DE24 8NH
Child and Family Health Services Screening Team	01332 888080	Cardinal Square, 1st Floor North Point, 10 Nottingham Road, Derby, DE1 3QT
Child and Family Health Services Allestree/Darley Team	01332 888112	Cardinal Square, 2nd Floor East Point, 10 Nottingham Road, Derby, DE1 3QT
Community Paediatricians	01332 888080	Cardinal Square, 2nd Floor East Point, 10 Nottingham Road, Derby DE1 3QT
Specialist Health Visitor Team	01332 785747	Ronnie Mackeith Centre, Royal Derby Hospital, Uttoxeter Road, Derby, DE22 3NE
Nursery Nurse Co-ordinator	01332 787004	Ronnie Mackeith Centre, Royal Derby Hospital, Uttoxeter Road, Derby, DE22 3NE
Specialist Nurses for Children with Disabilities	01332 888080	Cardinal Square, 10 Nottingham Road, Derby, DE1 3QT
Childrens Physio and OT South Derbyshire	01332 888080	Cardinal Square, 10 Nottingham Road, Derby, DE1 3QT
Special School Nurses	01332 888080	Cardinal Square, 10 Nottingham Road, Derby, DE1 3QT
Light House Short Break Nurses	01332 256942	The Light House, St Marks Road, Derby, DE21 6AL
Childrens Continence Advisors	01332 888080	Cardinal Square, 10 Nottingham Road, Derby, DE1 3QT
Children in Care Nurses	01332 888040	Sinfin Health Centre, Sinfin, Derby, DE24 3DS
ADHD and Behaviour Nurses	01332 288754	Revive Healthy Living Centre, Roe Farm Lane, Chaddesden, Derby DE21 6ET

<b>Learning Disability Services</b>		
<b>Team</b>	<b>Telephone Number</b>	<b>Address</b>
Acute Liaison Nurse	01332 340131 x 88611	Royal Derby Infirmary, London Road, Derby, DE1 2QY
Amber Valley Community Learning Disabilities Team	01773 546963	Alfreton Primary Care Centre, Church Street, Alfreton, Derbyshire, DE55 7AH
Dales Community Learning Disabilities Team	01335 230057	St Oswald's Hospital, Clifton Road, Ashbourne, Derbyshire, DE6 1DR
Derby City Community Learning Disabilities Team	01332 256621	St Paul's House, 14 Enterprise Way, Jubilee Business Park, Stores Road Derby, DE21 4BB
Erewash Community Learning Disabilities Team	01629 531874	Outlook, 99 Briar Gate, Long Eaton, Nottinghamshire, NG10 4BQ
Learning Disabilities Health Facilitators	01332 623708	Temple House, Mill Hill Lane, Derby, DE23 6SA
Learning Disabilities Assessment Treatment Service (ATS)	01332 623707	Specialist Services, Temple House, Mill Hill Lane, Derby, DE23 6SA
Learning Disabilities Central Base	01332 623708	Temple House, Mill Hill Lane, Derby, DE23 6SA
Learning Disabilities Intermediate Care Team	01332 623708	Temple House, Mill Hill Lane, Derby, DE23 6SA
South Derbyshire Community Learning Disabilities Team	01283 817355	Bankgate Resource Centre, Rinkgate, Business Park, 13-14 Rinkdrive, Swadlincote, Derby, DE11 8JL

<b>Child and Adolescent Mental Health Services (CAMHS)</b>		
<b>Team</b>	<b>Telephone Number</b>	<b>Address</b>
CAMHS County (Amber Valley)	01773 880554	Rivermead, Goods Road, Belper, Derbyshire, DE56 1UU
CAMHS Liaison Service	01332 291794	Georgian House, Great Northern Road, Derby, DE1 1LT
Erewash CAMHS County Service	01159 464568	Century House, 100 Nottingham Road, Long Eaton, Nottinghamshire, NG10 2BZ
CAMHS County South Derbyshire	01283 214903	Ryedale, 10 Rink Drive, Swadlincote, Derbyshire, DE11 8JL
CAMHS City	01332 292724	Town House, 123-125 Green Lane, Derby, DE1 1RZ
Young Persons Specialist Service City and County	01332 866985	The Resource Centre, London Road Community Hospital, London Road, Derby, DE1 2QY
CAMHS LD County Service	01332 291794	Georgian House, Great Northern Road, Derby, DE1 1LT

<b>Substance Misuse Services</b>		
<b>Team</b>	<b>Telephone Number</b>	<b>Address</b>
Bradshaw Clinic	01332 221700	Bradshaw Clinic, 1 Charnwood Street, Derby, DE1 2GX
Breakout Substance Misuse	01332 641661	Curzon House, 8 Curzon Street, Derby DE1 1LL
Derby City Specialist Alcohol Misuse Team	01332 547900	St James House, Mansfield Road, Derby, DE1 1RZ
High Peak and Dales Community Drug Team	01629 55519	28 Bank Road, Matlock, Derbyshire DE4 3NF
Hospital Alcohol Liaison Team (HALT)	01332 786994	Mental Health Liaison Team Office, Derby Royal Hospital, Uttoxeter Road, Derby, DE22 3WQ

## Primary Care

<b>Hardwick Health Clinical Commissioning Group</b>		
<b>Practice Name</b>	<b>Address</b>	<b>Tel No.</b>
Blue Dykes Surgery	Eldon Street, Clay Cross, Chesterfield S45 9NR	01246 866771
Crags Health Care	174 Elmton Road, Creswell, Worksop S80 4DY	0844 5769436/ 01909 721623
Dr Chawla	1a Welbeck Drive, Wingerworth, Chesterfield S42 6SN	01246 276590
Emmett Carr	Abbey Place, Renishaw, Nr Sheffield S21 3TY	01246 430200
Friendly Family Surgery	Friendly Family Surgery, Welbeck Road, Bolsover, Chesterfield S44 6DE	01246 826815
Grassmoor Surgery	186 North Wingfield Road, Grassmoor, Chesterfield S42 5ED	01246 852995
Limes MC	Limes Ave, Alfreton, Derbyshire, DE55 7DW	01773 833133
North Wingfield Medical Centre	Chesterfield Road, North Wingfield, Chesterfield S42 5ND	01246 851035
St Lawrence Road Surgery	St Lawrence Road, North Wingfield, Chesterfield S42 5LH	01246 851029
Staffa Health	3 Waverley Street, Tibshelf, Alfreton DE55 5PS	0844 477 1895
Village Surgery	The Hub, Shiners Way, Off Lees Lane, South Normanton, DE55 2AA	01773 811469
Blackwell Medical Centre	6 Gloves Road, Blackwell, DE55 5JJ	0844 4771840
Shires Healthcare	18 Main Street, Shirebrook, Mansfield, Notts, NG20 8DG	01623 742464
Castle Street Medical Centre	Castle Street, Bolsover, Chesterfield S44 6PP	01246 822983
Clay Cross Medical Centre	117 High Street, Clay Cross, Chesterfield S45 9DZ	01246 862237
Creswell Medical Centre	Welbeck St, Creswell, Worksop S80 4HA	01909 721206

<b>Erewash Clinical Commissioning Group</b>		
<b>Practice Name</b>	<b>Address</b>	<b>Telephone Number</b>
Eden Surgery	Cavendish Road, Ilkeston, Derbyshire DE7 5AN	0115 9444081
Gladstone House Surgery	Gladstone Street West, Ilkeston, Derbyshire DE7 5QS	0115 9320248
Old Station Surgery	Heanor Road, Ilkeston, Derbyshire Queen Elizabeth Way, Kirk Hallam 196 Cotmanhay Road, Cotmanhay,	0115 9301055 0115 9325931 0115 9445145
Dr Miller & Partners	Ilkeston Health Centre, South Street, Ilkeston, Derbyshire DE7 5PZ	0115 9322968
Littlewick Medical Centre	42 Nottingham Road, Ilkeston, Derbyshire, DE7 5PR The Dales, West Hallam, Ilkeston, Derbyshire, DE7 8GR	0115 9325229 0115 9440320
Dr Webb & Partners	Ilkeston Health Centre, South Street, Ilkeston, Derbyshire DE7 5PZ	0115 9322933
Ilkeston Family Practice (WIC)	Ilkeston Community Hospital, Heanor Road, Ilkeston, Derbyshire, DE7 8LN	0115 9512496
Adam House Medical Centre	85-91 Derby Road, Sandiacre, Nottingham NG10 5HZ Hillside Surgery, 162 Nottingham Road, Stapleford, Nottingham NG9 8AR	0844 8151097 0844 8151098
Park View Medical Centre	Cranfleet Way, Long Eaton, Nottingham NG10 3RJ	0115 9462690
Golden Brook Practice	Long Eaton Health Centre, Midland Street, Long Eaton, Nottingham NG10 1NY	0115 8554200
Moir Medical Centre	Regent Street, Long Eaton, Nottingham NG10 1QQ 165 Wilmot Street, Long Eaton, NG10 3EL 2 Bank Road, Toton NG9 6HD	0844 477 1759
College Street Medical Centre	86 College Street, Long Eaton, Nottingham NG10 4NP	0115 9734502
Aitune Practice	Long Eaton Health Centre, Midland Street, Long Eaton, Nottingham NG10 1RY	0115 8554250

<b>North Derbyshire Clinical Commissioning Group</b>		
<b>Practice Name</b>	<b>Address</b>	<b>Tel Number</b>
The Springs Health Centre	Recreation Close, Clowne, Chesterfield S43 4PL	01246 819010
Moss Valley Medical Practice	Gosber Road, Eckington, Sheffield S21 4BZ	01246 439104
The Surgery @ Wheatbridge	30 Wheatbridge Road, Chesterfield S40 2AB	01246 223399
Baslow Health Centre (formerly Ashenfell)	Church Lane, Baslow, Bakewell DE45 1SP	01246 583867
Newbold Surgery	3 Windermere Road, Newbold, Chesterfield S41 8DU	01246 239828
Bakewell Medical Centre	Butts Road , Bakewell DE45 1ED	01629 814958
Holywell Medical Group, The Grange	Stubbing Road, Grangewood, Chesterfield S40 2HP	01246 293149
HMG - Holywell House Surgery	Holywell Street, Chesterfield	01246 555711
HMG - Barrowhill Medical Centre	Station Road, Barrow Hill, Chesterfield S43 2PG	01246 470546
HMG - Inkersall Medical Centre	15 Crich Road, Inkersall, Chesterfield S43 3SN	01246 280185
HMG - The Maples Medical Centre	Barnfield Close, Staveley, Chesterfield S43 3UL	01246 472309
Dronfield Medical Practice	Dronfield Medical Centre, High Street, Dronfield S18 1PY	01246 290882
Imperial Road Surgery	8 Imperial Road, Matlock DE4 3NL	01629 55708
Darley Dale Medical Centre	Leacroft Road, Winster, Matlock DE4 2DL Two Dales, Matlock DE4 2SA Alport Road, Youlegreave, Bakewell DE45 1WN	01629 734152
The Surgery	14 Main Road, Grindleford, Sheffield S30 1HN	01433 875700



The Surgery (Eyam)	Church Street, Eyam, Hope Valley S32 5QH	01433 631832
Bradwell Surgery	Westminster Bank Cottage, Netherside, Bradwell, Hope Valley S33 9JL	01298 872580
Glapwell Surgery	The Green, Glapwell, Chesterfield S44 5LW	01623 810372
The Surgery (Welbeck Road)	1b Welbeck Road, Bolsover, Chesterfield S44 6DF	01246 240781
HMG - Rectory Road Medical Centre	Rectory Road, Staveley, Chesterfield S43 3UZ	01246 471665
Whittington Moor Surgery	Scarsdale Road, Whittington Moor, Chesterfield, S41 8NA	01246 454669
Holme Hall Medical Centre	Wardgate Way, Holmehall, Chesterfield, S40 4SL	01246 211435
Avondale Surgery	3 - 5 Avondale Road, Chesterfield S40 4TF	01246 556246
Brimington Surgery	Church Street, Brimington, Chesterfield, S43 1JG	01246 556616
Chatsworth Road Medical Centre	Chatsworth Road , Brampton, Chesterfield S40 3PY	01246 567116
Oakhill Medical Practice	Oakhill Road, Dronfield S18 2EJ	01246 296903
Bradwell Surgery	Bradwell Royal British Legion, Soft Water Lane, Bradwell, Hope Valley S30 2LB	01298 872580
The New Surgery (Tideswell)	Parke Road, Tideswell, Buxton SK17 8NS	01298 872580
Litton Surgery	Litton Village Hall, Litton, Buxton SK17 8QP	01298 872580
Avenue House Surgery	109 Saltergate, Chesterfield S40 1LE	01246 556336
Stubley Medical Centre	7 Stubley Drive, Dronfield, Woodhouse, Dronfield S18 8QU	01246 299949
Killamarsh Medical Practice	209 Sheffield Road, Killamarsh, Sheffield S21 8DZ	0114 248 9380

The Surgery	Unit 4a/5a Hathersage Park, Hathersage S32 1DP	01433 621557
Evelyn Medical Centre	Marsh Avenue, Hope S33 6RJ	01433 621557
Lime Grove Medical Centre	Lime Grove Walk, Matlock DE4 3FD	01629 556616
Hasland Surgery	82 St Phillips Drive, Hasland, Chesterfield S41 0RG	01246 278008
Ashover Primary Care Centre	Milken Lane, Ashover, Chesterfield S45 0BA	01246 591528
Whittington Medical Centre	High Street, Old Whittington, Chesterfield S41 9JZ	01246 261851
Gosforth Valley Medical Practice	Gorsey Brigg, Dronfield, Woodhouse, Dronfield S18 8UE	01246 581888
The Calow and Brimington Practice	Foljambe Road, Brimington, Chesterfield S43 1DD	01246 208221
Calow & Brimington Medical Practice	12 Rose Avenue, Calow, Chesterfield S44 5TH	01246 208221
Hasland Medical Centre	1 Jepson Road, Hasland, Chesterfield S41 0NZ	01246 203645
Renishaw Medical Practice	c/o Emmett Carr Surgery, Abbey Place, Renishaw, Sheffield S21 3TY	01246 430334
Barlborough Medical Practice	7 Worksop Road, Barlborough, Chesterfield S43 4TY	01246 812293
Taddington Surgery (branch)	Bramwell Memorial Institute, Main Road, Taddington, Buxton SK17 9LD	01298 872580

<b>Southern Derbyshire Clinical Commissioning Group</b>		
<b>Practice Name</b>	<b>Address</b>	<b>Telephone Number</b>
Appletree Medical Practice	47a Town Street, Duffield, Belper, Derbyshire DE56 4GG	0844 477 3476
Arthur Medical Centre	Main Street, Horsley Woodhouse, Derbyshire DE7 6AX	01332 880249

Ashbourne Medical Practice	Clifton Road, Ashbourne, Derbyshire DE6 1DR	01335 230085
Ashbourne Surgery	Clifton Road, Ashbourne, Derbyshire DE6 1RR	01335 300588
Brailsford & Hulland Medical Centre	The Green, Brailsford, Derbyshire DE6 3BX	01335 360328
Brooklyn Medical Practice	65 Mansfield Road, Heanor, Derbyshire DE75 7AL	01773 712552
Crich Medical Practice	Bulling Lane, Crich, Derbyshire DE4 5DX	01773 852966/852035
Hannage Brook Medical Centre	Hannage Way, Wirksworth, Derbyshire DE4 4JG	01629 822434
Ivy Grove Surgery	Church Farm Primary Care Centre, Steeple Drive, Ripley, Derbyshire DE5 3TH	01773 514130
Jessop Medical Practice	24 Pennine Avenue, Riddings, Alfreton, Derbyshire DE55 4AE	01773 602707/514110
Kelvingrove Medical Centre	28 Hands Road, Heanor, Derbyshire DE75 7HA	01773 713201
Leabrooks Medical Centre	27 Swanwick Road, Leabrooks, Alfreton, Derbyshire DE55 1LJ	01773 602746
Parkside Surgery	Alfreton Primary Care Centre, Church Street, Alfreton, Derbyshire DE55 7AH	01773 546900
Ripley Medical Centre	Derby Road, Ripley, Derbyshire DE5 3HR	0844 499 4468
Riversdale Surgery	59 Bridge Street, Belper, Derbyshire DE56 1AY	01773 822386
Somercotes Medical Centre	22 Nottingham Road, Somercotes, Alfreton, Derbyshire DE55 4JJ	01773 602141
The Park Surgery	60 Ilkeston Road, Heanor, Derbyshire DE75 7DX	01773 531 011
West Hallam Medical Centre	The Village, Ilkeston, Derbyshire DE7 6GR	0115 944 0088
Whitemoor Medical Centre	Whitemoor Lane, Belper, Derbyshire DE56 0JB	08445 769200

Alvaston Medical Centre	14 Boulton Lane, Alvaston, Derby, Derbyshire DE24 0GE	08444 994770
Brook Medical Centre	183 Kedleston Road, Derby, Derbyshire DE22 1FT	01332 291991
Charnwood Surgery	5 Burton Road, Derby, Derbyshire DE1 1TH	0844 477 8585
Clarence Road Surgery	63-65 Clarence Road, Derby, Derbyshire DE23 6LR	01332 768912
Derby Family Medical Centre	1 Hastings Street, Derby, Derbyshire DE23 6QQ	01332 773243
Derby Open Access Centre	Derby Walk-In Centre, Lister House, 207 St Thomas Road, Derby DE23 8RG	01332 275610
Derwent Medical Centre	26 North Street, Derby, Derbyshire DE1 3AZ	01332 292939
Derwent Valley Medical Practice	20 St Marks Road, Derby, Derbyshire DE21 6AT	01332 224588
Friar Gate Surgery	Agard Street, Derby, Derbyshire DE1 1DZ	0844 815 1056
Hollybrook Medical Centre	Hollybrook Way, Heatherton Village, Littleover, Derby DE23 3TX	01332 523300
Macklin Street Surgery	90 Macklin Street, Derby, Derbyshire DE1 1JX	01332 340381
Mickleover Surgery	10 Cavendish Way, Mickleover, Derby, Derbyshire DE3 9BJ	01332 519160
Normanton Medical Centre	151 St Thomas Road, Derby, Derbyshire DE23 8RH	01332 765100
Osmaston Surgery	212 Osmaston Road, Derby, Derbyshire DE23 8JX	01332 346433
Park Lane Surgery	2 Park Lane, Allestree, Derby, Derbyshire DE22 2DS	01332 552461
Parkfields Surgery	1217 London Road, Alvaston, Derby, Derbyshire DE24 8QJ	0844 477 3758
Peartree Medical Centre	159 Peartree Road, Derby, Derbyshire DE23 8NQ	01332 360692

Vernon Street Medical Centre	13 Vernon Street, Derby, Derbyshire DE1 1FW	01332 332812
Wellbrook Medical Centre	Welland Road, Hilton, Derby, Derbyshire DE65 5GZ	01283 732406
Wellside Medical Centre	3 Burton Road, Derby, Derbyshire DE1 1TH	01332 737777
Wilson St Surgery	11 Wilson Street, Derby, Derbyshire DE1 1PG	01332 332628
Chapel Street Medical Centre	10 Chapel Street, Spondon, Derby, Derbyshire DE21 7RJ	0844 477 0920
Haven Medical Centre	690 Osmaston Road, Derby, Derbyshire DE24 8GT	01332 348845
Lister House Surgery	207 St Thomas Road, Derby, Derbyshire DE23 8RJ	01332 271212
Meadowfields Practice	Fellow Lands Way, Chellaston, Derby, Derbyshire De73 6SW	01332 700455
Melbourne Healthcare Centre	Penn Lane, Melbourne, Derbyshire DE73 8EF	01332 862124
Mickleover Medical Centre	Vicarage Road, Mickleover, Derby, Derbyshire DE3 0HA	01332 513283
Oakwood Surgery	380 Bishops Drive, Oakwood, Derby, Derbyshire DE21 2DF	01332 281220
Overdale Medical Practice	207 Victoria Avenue, Borrowash, Derbyshire DE72 3HG	01332 280800
Park Farm Medical Centre	3 Park Farm Centre, Allestree, Derby, Derbyshire DE22 2QN	01332 559402
The Park Medical Practice	Maine Drive, Chaddesden, Derby, Derbyshire DE21 6LA	0844 477 3495
Village Surgery	Browning Street, Derby, Derbyshire DE23 8AL	01332 777070
Willington Surgery	4 Repton Road, Willington, Derby, Derbyshire DE65 6BX	01283 703318
Gresleydale Healthcare Centre	Glamorgan Way, Church Gresley, Swadlincote, Derbyshire DE11 9JT	01283 227870
Heartwood Medical Practice	Swadlincote Health Cntr, Civic Way, Swadlincote, Derbys, DE11 0AE	01283 818100

Newhall Surgery	46-48 High Street, Newhall, Swadlincote, Derbyshire DE11 0HU	01283 217092
Overseal Surgery	1 Hallcroft Avenue, Overseal, Swadlincote, Derbyshire DE12 6JF	01283 760595
Swadlincote Surgery	Darklands, Swadlincote, Derbyshire DE11 0PP	01283 551717
Woodville Surgery	Burton Road, Woodville, Swadlincote, Derbyshire DE11 7JG	01283 217036

### High Peak Locality (Part of North Derbyshire Clinical Commissioning Group)

Practice Name	Address	Telephone Number
Arden House Medical Practice	Arden House Surgery, 15/17 New Mills Road, Hayfield, Stockport, Cheshire, SK22 2JG	0844 499 4470
Buxton Medical Practice	2 Temple Road, Buxton, Derbyshire SK17 9BZ	01298 24105
Elmwood Medical Centre	7 Burlington Road, Buxton, Derbyshire, SK17 9AY	01298 23019
Goyt Valley Medical Practice	Chapel Street, Whaley Bridge, High Peak, Derbyshire SK237SR Eccles Road, Chapel En Le Frith, High Peak SK23 9EQ	0844 6550220
Hartington Surgery	Dig Street, Hartington, Buxton, Derbyshire SK17 0AQ	01298 84315
Sett Valley Medical Centre	Hyde Bank Road, New Mills, High Peak, SK22 4BP	01663 743483
Stewart Medical Centre	15 Hartington Road, Buxton, Derbyshire, SK17 6JP	01298 22338
Thornbrook Surgery	Thornbrook Road, Chapel-En-le-Frith, High Peak, Derbyshire, SK23 0RH	01298 812725

**NHS Derby City** Website: <http://www.derbycitypct.nhs.uk>

**NHS Derbyshire County** Website: <http://www.derbycitypct.nhs.uk>

NHS Derby City and NHS Derbyshire County are the local Primary Care Trusts (PCTs) for Derby and Derbyshire, with responsibility for health care across the whole area.

## Local Authorities

**Amber Valley Borough Council** Town Hall, Market Place, Ripley, DE5 3BT Website: [www.ambervalley.gov.uk](http://www.ambervalley.gov.uk) Tel: (01773) 570222 Out of hours (emergencies only): (01773) 841414 Minicom: (01773) 841490 E-mail: [enquiry@ambervalley.gov.uk](mailto:enquiry@ambervalley.gov.uk)

**Bolsover District Council** Bolsover District Council, Sherwood Lodge, Bolsover, S44 6NF Telephone: 01246 242424 Fax: 01246 242423 Minicom: 01246 242450 Website: [www.bolsover.gov.uk](http://www.bolsover.gov.uk)

**Chesterfield Borough Council** Town Hall, Rosehill, Chesterfield, S40 1LP Website: [www.chesterfield.gov.uk](http://www.chesterfield.gov.uk) Tel: 01246 345 345

**Derby City Council** Saxon House, Heritage Gate, Friary Street, Derby DE1 1AN Website: [www.derby.gov.uk](http://www.derby.gov.uk) Tel: 01332 293111 Fax: 01332 643549 Minicom: 01332 256666 e-mail: [customerservices@derby.gov.uk](mailto:customerservices@derby.gov.uk)

**Derbyshire County Council** County Hall, Matlock, Derbyshire, DE4 3AG Website: [www.derbyshire.gov.uk](http://www.derbyshire.gov.uk) Call Derbyshire: 08 456 058 058 or 01629 533190 Text us: 86555 e-mail: [contact.centre@derbyshire.gov.uk](mailto:contact.centre@derbyshire.gov.uk)

**Derbyshire Dales District Council** Town Hall, Bank Rd, Matlock, DE4 3NN Web-site: [www.derbyshiredales.gov.uk](http://www.derbyshiredales.gov.uk) Tel: 01629 761 100 e-mail: [enquiries@derbyshiredales.gov.uk](mailto:enquiries@derbyshiredales.gov.uk)

**Erewash Borough Council** Town Hall, Wharnccliffe Road, Ilkeston, Derbyshire, DE7 5RP Town Hall, Derby Road, Long Eaton, Derbyshire, NG10 1HU Website: [www.erewash.gov.uk](http://www.erewash.gov.uk) email: [enquiries@erewash.gov.uk](mailto:enquiries@erewash.gov.uk) Tel: 0845 907 2244

**High Peak Borough Council** Buxton Town Hall, Market Place, Buxton, Derbyshire, SK17 6EL, Website: [www.highpeak.gov.uk](http://www.highpeak.gov.uk) Tel: enquiries - 0845 129 7 777 or 01298 28400 For out of hours emergencies please telephone 0845 129 77 77.

**North East Derbyshire District Council** Council House, Saltergate, Chesterfield, Derbyshire, S40 1LF Website: [www.ne-derbyshire.gov.uk](http://www.ne-derbyshire.gov.uk) Switchboard: 01246 231111 Clean and Green Line: 01246 217610 Council Tax and Benefits: 01246 217600

**South Derbyshire District Council** Civic Offices, Civic Way,

Swadlincote, Derbyshire, DE11 0AH Tel: 01283 595795 Website: [www.south-derbys.gov.uk](http://www.south-derbys.gov.uk)

## Hospitals

**Chesterfield Royal Hospital Foundation Trust** Calow, Chesterfield, Derbyshire, S44 5BL Tel: 01246 277271 Fax: 01246 512737 Website: [www.chesterfieldroyal.nhs.uk](http://www.chesterfieldroyal.nhs.uk)

### **Derby Hospitals NHS Foundation Trust**

**Royal Derby Hospital** Uttoxeter Road, Derby, DE22 3NE Tel: 01332 340131 Website: [www.derbyhospitals.nhs.uk](http://www.derbyhospitals.nhs.uk)

**London Road Community Hospital Derby** London Road, Derby, DE1 2QY Tel: 01332 265500 Website: [www.derbyhospitals.nhs.uk](http://www.derbyhospitals.nhs.uk)

### **Derbyshire Community Health Services NHS Trust**

Website: [www.dchs.nhs.uk](http://www.dchs.nhs.uk)

**Babington Hospital**, Derby Road, Belper, Derbyshire, DE56 1WH Telephone: Main Hospital: 01773 824171 Offices: 01773 525099

**Bolsover Hospital**, Welbeck Road, Bolsover, Chesterfield, S44 6DH Telephone: 01246 827901

**Buxton Hospital**, London Road, Buxton, Derbyshire, SK17 9NJ Telephone: 01298 214000

**Cavendish Hospital**, Manchester Road, Buxton, Derbyshire, SK17 6TE Telephone: 01298 212800

**Clay Cross Hospital**, Market Street, Clay Cross, Chesterfield, S45 9DZ Telephone: 01246 252900

**Heanor Memorial Hospital**, Ilkeston Road, Heanor, Derbyshire, DE75 7EA Telephone: 01773 710711

**Ilkeston Community Hospital**, Heanor Road, Ilkeston, Derbyshire, DE7 8LN Telephone: 0115 9305522

**Newholme Hospital**, Baslow Road, Bakewell, Derbyshire, DE451AD Telephone: 01629 812525

**Ripley Community Hospital**, Sandham Lane, Ripley, Derbyshire, DE5 3HE Telephone: 01773 743456

**St Oswald's Hospital**, Clifton Road, Ashbourne, Derbyshire, DE6 1DR Telephone: 01335 230000

**Walton Hospital**, Whitecotes Lane, Chesterfield, Derbyshire, S40 3HW Telephone: 01246 515151

**Whitworth Hospital**, 330 Bakewell Road, Darley Dale, Matlock, DE4 2JD Telephone: 01629 580211



# Amber Valley and Erewash Services to Support Mental and Physical Health

## Adult Community Education Derbyshire County Council

County Hall, Matlock, Derbyshire, DE4 3AG e-mail:

[contactcentre@derbyshire.gov.uk](mailto:contactcentre@derbyshire.gov.uk) Website: [www.derbyshire.gov.uk/education](http://www.derbyshire.gov.uk/education)

**Alfreton** - Alfreton Park, Church Street, Alfreton, Derbyshire, DE55 7BD

Tel No: 01773 832201 Fax: 01773 838140

When & Where: Mon-Thurs 9-3pm and 6pm to 8.30pm. Fri 9am -2pm.

**Belper** - Holbrook Road, Belper, Derbyshire, DE56 1PA

Tel No: 01773 829478 Fax: 01773 829478

When & Where: Monday to Thursday 9.30am to 3pm and 6.30 to 8pm

**Codnor - Peveler House** Mill Lane, Codnor, Derbyshire, DE5 9QF

Tel No: 01773 743665 Fax: 01773 743638

**Cotmanhay and Ilkeston** – Bennerley Avenue, Cotmanhay, Ilkeston

DE7 8PF Tel No: 0115 930 6909

**Long Eaton** - 173 Derby Road, Long Eaton, Derbyshire, NG10 4LL

Tel No: 0115 9732827, Fax: 0115 9462979

**Alcohol Problems Advisory Service** 36 Park Row, Nottingham,

NG1 6GR Tel No: 0115 9414747

e-mail: [info@apas.org.uk](mailto:info@apas.org.uk) Website: [www.apas.org.uk](http://www.apas.org.uk)

When & Where: Mon-Thurs 11-6.30, Fri 11-4.30, Sat 9-12.30 Drop in and have an informal chat with one of our advice workers using our APAS direct service which is available Monday to Thursday 12.30pm - 6.30pm, Fridays 12.30pm - 4.30pm and Saturdays 9.00am - 12.30pm.

**Alcoholics Anonymous – Derbyshire** Tel No: 0115 9417100

Website: [www.derbyshireaa.co.uk](http://www.derbyshireaa.co.uk)

## Alzheimer's Society

**Derby Office**, Alzheimer's Society, Building 20, Mason's Place Business Park, Nottingham Road, Derby, DE21 6AQ Tel: 01332 208845

Email: [derby@alzheimers.org.uk](mailto:derby@alzheimers.org.uk)

**Chesterfield office**, Alzheimer's Society, 30 Wheatbridge Road, Chestfield, S40 2AB, Tel: 01246 223366 Email: [derbyshirenorth@alzheimers.org.uk](mailto:derbyshirenorth@alzheimers.org.uk)

- **Befriending for People With Dementia**  
Volunteer befriending service for people with dementia
- **Dementia Support Service - County**  
Home visits by a dementia support worker to provide information, advice & support.

- **Home visits**  
Home visits by a carer support worker to provide information & support.
- **Ripley Cafe**  
Social event offering support & information

**Alfreton Primary Care Centre** Church Street, Alfreton, Derbyshire, DE55 7AH Tel No: 01773 546800

We offer a variety of services from GP diagnostic services, specialist dental care, services for children aged 0-19 which focusses on the most vulnerable, specialist care to patients with mental health problems and both Podiatry/Podiatric Surgery services.

**Amber Trust Health Trainer Service** Suite 4a, East Mill ,Bridge Foot, Belper, Derbyshire DE56 2UA

Tel: 01773 599512 Website [www.ambertrust.co.uk](http://www.ambertrust.co.uk)

Health Trainers supporting people who experience mental health problems providing 1:1 support to help make healthy lifestyle changes. They can also help you find out about and access local services.

**Amber Valley CVS** 33 Market Place, Ripley, Derbyshire, DE5 3HA

Tel No: 01773 512076 Fax: 01773 748688

e-mail: [admin@avcvs.org](mailto:admin@avcvs.org) Website: [www.avcvs.org](http://www.avcvs.org)

When & Where: Mon-Wed 9am-5pm, Thur 9am-7pm, Fri 9am-4.40pm

The CVS aims to be an 'umbrella' organisation for voluntary groups in the Amber Valley area by providing information and support where needed. The Volunteer Bureau recruits volunteers for work with local voluntary groups and members of the public.

**Amber Valley Mental Health Carers Drop-In** The Croft, Slack Lane, Ripley, Tel No: 01629 822337 e-mail: [terry.earl49@yahoo.co.uk](mailto:terry.earl49@yahoo.co.uk)

Website: [www.dcsdmentalhealthcarers.org](http://www.dcsdmentalhealthcarers.org)

When & Where: 1st Tues of each month 2.00-4.00pm The Croft, Slack Lane, Ripley Informal 'drop-in' support and information.

**Amber Valley Mental Health Day Service (The Croft)**

The Croft, Slack Lane, Ripley, Derbyshire, DE5 3HF

Tel No: 01773 513508 Helpline No: 0800 027 2127 Fax: 01773 513196

e-mail: [thecroft@rethink.org](mailto:thecroft@rethink.org) Website: [www.rethink.org.uk](http://www.rethink.org.uk)

When & Where: Mon - Fri 9am - 4pm. Sat 10am - 1pm National Office

The Croft day services provide recovery based support, within the areas of education, social and life skills. Our aim is to provide educational, vocational

and social support with the emphasis on improving the lives of everyone affected by mental illness

**Barnardo's Leaving Care Project – Derbyshire** 9 Mundy Street, Heanor, Derbyshire, DE75 7EB Tel No: 01773 717212 Fax: 01773 530515 e-mail: [ali.fawkes@barnardos.org.uk](mailto:ali.fawkes@barnardos.org.uk)

When & Where: 9am-5pm 9 Mundy street, Heanor/Newbold Road Chesterfield  
Provides flexible and responsible support service to young people aged 16-21 having a range of issues, who have been in the care system. The service provides leaving care workers for all Derbyshire care leavers.

**Belper Cottage Project** 16 Chapel Street, Belper, Derbyshire, DE56 1AR Tel No: 01773 880364 When & Where: Varied Cottage Project  
Various groups: Alcoholics Anonymous, Anxiety & Depression Self-Help Group, Child Contact Centre, Over 60's Lunch Club, Spoda Stop Smoking Counselling, Derbyshire Housing Aid and Bereavement.

**Belper Self Help Group – Depression and Anxiety** c/o The Cottage Project, 1b Chapel Street Belper, Derbyshire, DE56 1AR  
Tel No: 01773 822353/824548 e-mail: [frances\\_jackson@btinternet.com](mailto:frances_jackson@btinternet.com) When & Where: 1st and 3rd Thursday of every month 7-9pm The Cottage-Chapel Street Belper (Opposite the bus station) The group provides mutual support encouragement and reassurance in an informal and friendly setting for those experiencing depression, anxiety and its related problems. Family, friends, parents, carers are also welcome.

**British Red Cross - Voluntary Community Mental Health Support (Older People)** Heanor Health Centre, Wilmot Street, Heanor, Derbyshire, DE75 7EF Tel No: 01773 718798 Fax: 01773 718798 e-mail: [pcross@redcross.org.uk](mailto:pcross@redcross.org.uk)  
When & Where: Office hours 9am-2pm Mondays Amber Valley. Fridays Erewash. Volunteer Support (includes social groups)/visiting service for people over 50 experiencing mental health problems at particular times of crisis in Amber Valley and Erewash. Referral through Amber Valley MH Agencies, GP's, Social Services.

**British Red Cross Dementia Respite Support Service** Heanor Health Centre, Wilmot Street, Heanor, Derbyshire, DE75 7EF  
Tel No: 01773 718798 Fax: 01773 718798 e-mail: [chobson@redcross.org.uk](mailto:chobson@redcross.org.uk)  
When & Where: 9am-2.30pm Dementia respite support service, up to four hours respite. Sessions with a trained care/support worker. Referrals through

health agencies, some self referrals considered.

## **Canaan Trust - Long Eaton Christian Homeless Charity**

14 Main Street, Long Eaton, Nottingham, NG10 1GR Tel No: 0115 946 4903

Fax No: 0115 8240999 Website: [www.canaan-trust.co.uk](http://www.canaan-trust.co.uk)

Providing supported temporary accommodation to single people who found themselves homeless. Homelessness is a very real issue today and brings with it a whole range of other complex needs and issues. As a non-profit making Christian organisation, our vision is to provide a large property or properties to a high standard of excellence where all residents can be together as a family and grow within a homely, loving, Christian residence with 24 hour care.

## **Carers Sitting Service** c/o The Surgery, 189 Birkinstyle Lane,

Stonebroom, Alfreton, Derbyshire, DE55 6LD Tel No: 01773 873581

e-mail: [b-smithson@btconnect.com](mailto:b-smithson@btconnect.com) Website: [www.carerssittingservice.co.uk](http://www.carerssittingservice.co.uk)

The Carers Sitting Service provides short spells of respite for carers in their own home. Carers Sitting Service work in the communities of Bolsover District and Clay Cross Area. Please ring for details.

## **Citizens Advice Bureau**

Website: [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

Advice information and support available for anyone with problems concerning housing, welfare benefits, employment/redundancy, money, consumer and legal rights, family/neighbour disputes. Helpline No: 08444 111 444

## **Erewhash** The Albion Leisure Centre, East Street, Ilkeston, DE7 5HW

Tel No: 0844 375 2712 Website: [www.daecab.org.uk](http://www.daecab.org.uk)

When & Where: Mon - Fri 10-1pm Advice, information and support available for anyone with problems concerning housing, welfare benefits, employment/redundancy, money, consumer and legal rights, disputes etc.

## **Connexions** Park Road, Ripley, Derbyshire, DE5 3EF

Tel No: 01773 570 939 Helpline No: 0800 100 900 Fax: 01773 570 865

Website: [www.connexions-derbyshire.org](http://www.connexions-derbyshire.org)

When & Where: Mon - Fri 9am - 5pm Service for 13-19 year olds. Personal advisors give information, advice and practical help with anything affecting school, college, work, personal or family life.

## **Crossroads Care East Midlands**

19 Pelham Road, Sherwood, Nottingham, NG5 1AP

Tel No: 0115 962 8920 Fax: 0115 962 3110

e-mail: [communications@crossroads.org.uk](mailto:communications@crossroads.org.uk) Website: [www.crossroads.org.uk](http://www.crossroads.org.uk)

Crossroads Care East Midlands provides Carers support, respite breaks, end of life support, day centres and children's support for Derbyshire and Derby.

**DAFT (Derbyshire Branch of the Family Therapy and Systemic Practice)** Century House, 100 Nottingham Road, Nottingham, NG10 2BZ Tel No: 01773 880554 e-mail: [susan.berrisford@derbyshcft.nhs.uk](mailto:susan.berrisford@derbyshcft.nhs.uk) Website: [www.derbyshireaft.wordpress.com](http://www.derbyshireaft.wordpress.com) When & Where: Monthly lunch time workshops Our main aim is to encourage an interest in working therapeutically, including non therapeutic situations such as statutory work, assessment, intake and review. This includes working with individuals, couples, families and groups.

**Depression UK** Box FDA Self Help Nottingham, Ormiston House, 32-36 Pelham Street, Notts, NG1 2EG  
e-mail: [info@depressionuk.org](mailto:info@depressionuk.org) Website: [www.depressionuk.org](http://www.depressionuk.org)  
A free, confidential, impartial service offering help, advice and support to parents and carers of children and young people.

**Derbyshire Arts Partnership** Cultural & Community Services, Derbyshire County Council ,Alfreton Library, Severn Square, Alfreton, Derbyshire, DE55 7BQ Website: [www.derbyshire.gov.uk/arts](http://www.derbyshire.gov.uk/arts) [www.artsderbyshire.org.uk](http://www.artsderbyshire.org.uk) Network, groups & events promoting arts & Health.

**Derbyshire Autism Services Group (DASG)** DASG. 28d High Street, Ripley, Derbyshire, DE5 3HH Tel No: 01773 741221  
Fax: 01773 741220 e-mail: [dasg@autismsupport.co.uk](mailto:dasg@autismsupport.co.uk)  
Website: [www.autismsupport.co.uk](http://www.autismsupport.co.uk) A parent led, parent run, voluntary group. Includes befriending schemes, family support, parent and local groups, short breaks and respite, social groups and social skills.

**Derbyshire Carers Association** White House, The Willows, Slack Lane, Ripley, Derbyshire, DE5 3HF Tel No: 01773 743355 Helpline No: 01332 364444 Fax: 01773 512288 e-mail: [derbyshirecarers@btconnect.com](mailto:derbyshirecarers@btconnect.com)  
Website: [www.derbyshirecarers.co.uk](http://www.derbyshirecarers.co.uk) Derbyshire Carers Association recognise that the responsibility of caring for someone who cannot manage at home without help often places great physical and emotional strain upon the carer. We can offer you a wide range of confidential services.

**Erewash** Southlands, 21 Mail Street, Long Eaton, Nottinghamshire, NG10 1GH Tel No: 0115 946 8881 e-mail: [erewash@derbyshirecarers.co.uk](mailto:erewash@derbyshirecarers.co.uk)

**Derbyshire Handy Van Network** The Derbyshire Handy Van Network provides practical support to help older and vulnerable people to live independently in their own homes. The service is available to those who are aged 60 and over or if you are referred by Derbyshire County Council. For more information or to arrange for a visit please call your local handy van provider. Website: [www.derbyshire.gov.uk/community/handy\\_van\\_service](http://www.derbyshire.gov.uk/community/handy_van_service)

- **Amber Valley** – 01773 604426
- **Erewash** – 01773 604426

## **Derbyshire Mental Health Carers**

Website: [www.derbyshirementalhealthcarers.co.uk](http://www.derbyshirementalhealthcarers.co.uk) We are a self-help group of mental health carers and ex-carers holding forum meetings and support groups at various locations throughout Derbyshire.

**Stress Busters Groups:** are held in a relaxed friendly atmosphere. We meet other mental health carers share our problems and take advantage of free relaxation sessions from qualified therapists. At most groups we also offer free manicures and facials. Just drop in for friendly confidential advice and support on practical and emotional issues. If needed respite care can be arranged through Crossroads Tel: 01246 557641 or 01629 812664

- **Matlock:** Methodist Hall, Bank Road Meet 2nd Tuesday of every month 2.30-4.30pm Tel: Gwen 01629 581251

### **Our Other Groups:**

**Amber Valley Mental Health Carers Drop-In** The Croft Slack Lane, Ripley meet 1<sup>st</sup> Tuesday of every month 2- 4pm Tel: Terry 01629 822337 or email [terry.earl49@yahoo.co.uk](mailto:terry.earl49@yahoo.co.uk) We offer mutual support, information and free light refreshments. Talk in confidence to Amber Valley Making Space (Family Support Workers) who normally attend.

## **Derbyshire Toy Library Network** P.O Box 7233, Belper, DE56 9BD

Tel No: 0845 310 2738 Fax No: 0845 310 2738

e-mail: [info@derbyshire.toylibrarynetwork.org](mailto:info@derbyshire.toylibrarynetwork.org)

Website: [www.derbyshire.toylibrarynetwork.org](http://www.derbyshire.toylibrarynetwork.org)

We develop opportunities for providers to access toys and equipment for children with special needs and ensure parents, carers, childcare providers and healthcare professionals benefit from the resources and services of the network. We promote Toy Libraries in Schools and Children's Centres in Derbyshire to ensure that they have access to Toy Libraries in their local communities.

**Derbyshire Voice** Unicorn Business Park, Wellington Street, Ripley, Derbyshire, DE5 3EH Tel No: 01773 744537/746919

e-mail: [info@derbyshire-voice.co.uk](mailto:info@derbyshire-voice.co.uk) Website: [www.derbyshirevoice.co.uk](http://www.derbyshirevoice.co.uk)

We are a charity that promotes and supports the views of mental health service receivers. We enable people to have real, meaningful involvement in the way that mental health services are both provided and developed throughout the county of Derbyshire.

**Derbyshire Welfare Rights Service** Long Close, Cemetary Lane, Ripley, Derbyshire, DE5 3HY

Tel No: 01629 531531 Helpline No: 0845 120 2985

e-mail: [welfarerights@derbyshire.gov.uk](mailto:welfarerights@derbyshire.gov.uk) Website: [www.derbyshire.gov.uk](http://www.derbyshire.gov.uk)

When & Where: Helpline Mon - Fri 11-4.30pm. Provide advice, advocacy and representation to any Derbyshire resident with social security benefit or tax credit problems, and employment advice. Operate telephone Helpline daily Mon - Fri 11-4.30pm.

**Diabetes & You** Tel: 01773 525029 'Diabetes & You' is a group education programme for people who have recently been diagnosed with type 2 diabetes. It helps people to understand the condition, how to control it & have the best quality of life.

**Disability Derbyshire - Coalition for Inclusive Living (DCIL)**

Park Road, Ripley, Derbyshire, DE5 3EF Tel No: 01773 740246

Fax: 01773 570185 e-mail: [info@dcil.org.uk](mailto:info@dcil.org.uk) Website: [www.dcil.org.uk](http://www.dcil.org.uk)

When & Where: 9am-4:30pm Derbyshire Coalition for Inclusive Living (DCIL) aims to provide independent, integrated living opportunities to disabled people through a range of services. This support is based on the seven needs identified by disabled people.

**Derby** 14 Chevin Road, Duffield, Belper, Derbyshire, DE56 4DS

Tel No: 01332 840817 Helpline No: 0845 230 0372

e-mail: [projects@downs-syndrome-derby.org](mailto:projects@downs-syndrome-derby.org)

Website: [www.downs-syndrome-derby.org.uk](http://www.downs-syndrome-derby.org.uk) Down's Syndrome Derby is a registered charity affiliated with the National Down's Syndrome Association.

**Dyslexia Action – Nottingham** 1a Bridlesmith Gate, Second Floor,

Bottle Lane, Nottingham, NG1 2GR Tel No: 0115 9483849 Fax: 0115 9418265

e-mail: [nottingham@dyslexiaaction.org.uk](mailto:nottingham@dyslexiaaction.org.uk)

Website: [www.dyslexiaaction.org.uk](http://www.dyslexiaaction.org.uk)

Opening Hours - Mon 9:30-5pm Tues Wed 9:30-6pm Thurs 9:30-6:30pm Fri 9:30-3:30pm Sat 9:2pm.

**Erewash CVS** EVA at Long Eaton Art Room, Granville Avenue, Long Eaton, Derbyshire, NG10 4HD Tel No: 01159 466740  
e-mail: [enquires@erewashcvs.org.uk](mailto:enquires@erewashcvs.org.uk)  
Website: [www.erewashvoluntaryaction.org.uk](http://www.erewashvoluntaryaction.org.uk)  
When & Where: 9-5pm Mon - Fri (4:30pm Fridays) The CVS provides help and advice for local voluntary and community groups.

**Erewash Mental Health Association Ltd** 4 Charlotte Street, Ilkeston, Derby, DE7 8LH Tel No: 0115 9308947  
e-mail: [info@touchwood-centres.org.uk](mailto:info@touchwood-centres.org.uk) Website: [www.erewash-mh.org.uk](http://www.erewash-mh.org.uk)  
When & Where: Mon-Fri 9am-3pm Touchwood Centre, Ilkeston. We seek to provide a supportive atmosphere for people experiencing and recovering from mental health problems. We offer activities such as pool and art and craft.

**Family Support Service – Derbyshire** De Bradelei Mill House, 1st Floor office suite, Chapel Street, Belper, DE56 1AR Tel No: 01773 825923/828946 Fax: 01773 825317 e-mail: [family.support@barnardos.org.uk](mailto:family.support@barnardos.org.uk)  
Website: [www.barnardos.org.uk](http://www.barnardos.org.uk) Arranges and facilitates family group meetings for families with a range of difficulties, to enable the whole family to find a solution. Open to all family members as well as friends.

**FCH Housing & Care** 5 The Triangle, Enterprise Way, NG2 Business Park, Nottingham, NG2 1AE Tel No: 0300 123 1745 Fax: 0115 986 0050  
e-mail: [nottingham@fch.org.uk](mailto:nottingham@fch.org.uk) Website: [www.fch.org.uk](http://www.fch.org.uk)  
When & Where: Various. The Association provides and maintains suitable, high quality, affordable homes and gives continuing support to its residents.

**Football Initiative: Winning Mentality** The Winning Mentality Initiative provides football sessions, available to people in Derbyshire to promote their mental health. All of the clubs provide players the opportunity to participate in football and improve their skills & confidence.  
**Erewash:** Erewash Valliants FC, Friesland Leisure centre, Sandiacre. Tel: 01332 667575

**Health Referral Programmes - Derbyshire Healthy Lifestyle Programme** Tel no: 01773 525000  
Website: [www.healthreferralscheme.co.uk](http://www.healthreferralscheme.co.uk) Offers an exercise & weight management programme to support people to achieve a healthier lifestyle by increasing physical activity and improving nutrition choices.



**Health Trainer Service** Suite 4A, Eastmill, Bridge Foot, Belper, DE56 2VA Tel No: 01773 599599 Fax: 01773 599512 Website: [www.ambertrust.co.uk](http://www.ambertrust.co.uk)  
When & Where: Mon-Fri 9am - 5pm Various Locations. We provide 1-1 support to people recovering from mental health problems to improve their physical health and wellbeing.

**Hearing Voices Network (Long Eaton)** Tel No: 0115 9461 213  
Website: [www.hearing-voices.org.uk](http://www.hearing-voices.org.uk) Service - user run support group.

**Hearing Voices Network (Ripley)** The Croft, Slack Lane, Ripley, Derbyshire Tel No: 01773 513508/513196 e-mail: [thecroft@rethink.org.uk](mailto:thecroft@rethink.org.uk)  
Website: [www.hearing-voices.org.uk](http://www.hearing-voices.org.uk) Service - user run support group.

**Home-Start UK** The Home-Start Centre, 8-10 West Walk, Leicester, LE1 7NA Tel No: 0116 2587900 Fax: 0116 2587901  
e-mail: [info@home-start.org.uk](mailto:info@home-start.org.uk) Website: [www.home-start.org.uk](http://www.home-start.org.uk)  
When & Where: 9-5pm

Home-Start provides a unique service for families - recruiting and training volunteers to support parents with young children at home. Home Start schemes work towards the increased confidence and independence of the family.

**Amber Valley** Unit 3a, Suite 1, Wellington Street, Ripley, DE5 3EH Tel No: 01773 746264 Fax: 01773 746264 e-mail: [homestartav1@btconnect.com](mailto:homestartav1@btconnect.com)  
Home-Start is a voluntary home visiting scheme, which is part of the National organisation offering support and encouraging to families with children under five who are experiencing difficulties.

**Erewash** 6 Heanor Road, Ilkeston, Derbyshire, DE7 8DX  
Tel No: 0115 930 4640 Fax: 0115 932 7271

e-mail: [homestarterewash@supanet.com](mailto:homestarterewash@supanet.com) Voluntary support to promote the welfare of families with at least one child under 5. Volunteers offer practical support and friendship to families in their own home, who are under stress. Helping to prevent family crisis and breakdown.

**Housing Support (Amber Trust)** Suite 4A, Eastmill, Bridge Foot, Belper, DE56 2UA Tel No: 01773 599599 Fax: 01773 599512  
Website: [www.ambertrust.co.uk](http://www.ambertrust.co.uk) We provide practical support to people with mental health problems living in their own homes.

**ICAS (Independent Complaints Advocacy Service)** Christopher Cargill House, 21-23 Pelham Road, Nottingham, NG5 1AP Tel No: 0808 8023000 e-mail: [nottinghamicas@carersfederation.co.uk](mailto:nottinghamicas@carersfederation.co.uk)  
When & Where: Mon-Thurs 9am-7pm, Fri 9am-5pm. ICAS stands for the Independent Complaints Advocacy Service, a confidential service that is

independent of the NHS and tailored to individual client need.

**Ilkeston Family Friends Group for Carers and Sufferers of Dementia/Alzheimers** When & Where: Every Friday 10.30am-1.30pm  
Welcome Hall, St John's Road, Ilkeston.

**Job Centre – Alfreton** Tannery House, King Street, Alfreton, DE55 7AF  
Tel No: 0845 604 3719 Website: [www.jobcentreplus.gov.uk](http://www.jobcentreplus.gov.uk)

**Job Centre – Belper** 54 King Street, Belper, Derbyshire, DE56 1PN Tel  
No: 0845 604 3719 Website: [www.jobcentreplus.gov.uk](http://www.jobcentreplus.gov.uk)

**Job Centre – Bolsover** Unit 6-8 Cavendish Walk, Bolsover,  
Chesterfield, Derbyshire, S44 6DB Tel No: 0845 604 3719  
Website: [www.jobcentreplus.gov.uk](http://www.jobcentreplus.gov.uk)

**Job Centre – Buxton** 84-86 Spring Gardens, Buxton, Derbyshire, SK17  
6BU Tel No: 0845 604 3719 Website: [www.jobcentreplus.gov.uk](http://www.jobcentreplus.gov.uk)

**Job Centre – Chesterfield** Markham House, Markham Road,  
Chesterfield, Derbyshire, S40 1TG Tel No: 0845 604 3719  
Website: [www.jobcentreplus.gov.uk](http://www.jobcentreplus.gov.uk)

**Job Centre - Clay Cross** Bridge Street, Clay Cross, Chesterfield,  
Derbyshire, S45 9EF Tel No: 0845 604 3719  
Website: [www.jobcentreplus.org.uk](http://www.jobcentreplus.org.uk)

**Job Centre - Derby (Normanton)** 10 Normanton Road, Derby, DE1  
2GW Tel No: 0845 604 3719 Website: [www.jobcentreplus.gov.uk](http://www.jobcentreplus.gov.uk)

**Job Centre - Derby (St Peters)** St Peters House, Gower Street, Derby,  
DE1 1SB Tel No: 0845 604 3719 Website: [www.jobcentreplus.gov.uk](http://www.jobcentreplus.gov.uk)

**Job Centre - Derby (Wardwick)** 1-5 The Wardwick, Derby, DE1 1HA  
Tel No: 0845 604 3719 Helpline Website: [www.jobcentreplus.gov.uk](http://www.jobcentreplus.gov.uk)

**Job Centre – Heanor** Howitt Buildings, High Street, Heanor, DE75 7EZ  
Tel No: 0845 604 3719 Website: [www.jobcentreplus.gov.uk](http://www.jobcentreplus.gov.uk)

**Job Centre – Ilkeston** 58 South Street, Ilkeston, Derbyshire, DE7 8TU  
Tel No: 0845 604 3719 Website: [www.jobcentreplus.org.uk](http://www.jobcentreplus.org.uk)

**Job Centre – Matlock** The Phoenix Centre, 2 Lime Grove Walk,  
Matlock, Derbyshire, DE4 3FD Tel No: 0845 604 3719  
Website: [www.jobcentreplus.gov.uk](http://www.jobcentreplus.gov.uk)

**Job Centre – Shirebrook** 233 Station Road, Shirebrook, Notts, NG20  
8AF Tel No: 0845 604 3719 Website: [www.jobcentreplus.org.uk](http://www.jobcentreplus.org.uk)

**Job Centre – Staveley** Devonshire Building, Duke Street, Staveley,  
Chesterfield, Derbyshire, S43 3NU Tel No: 0845 604 3719  
Website: [www.jobcentreplus.org.uk](http://www.jobcentreplus.org.uk)

**Job Centre – Swadlincote** 7 The Delph Centre, Market Street,

Swadlincote, Derbyshire, DE11 9DA Tel No: 0845 604 3719  
Website: [www.jobcentreplus.org.uk](http://www.jobcentreplus.org.uk)

**Langley Mill Carousel Craft Group** 43 Cromford Road, Langley Mill, Nottingham, NG16 4EF Tel No: 01773 535232 e-mail: [wynoon@fsmail.net](mailto:wynoon@fsmail.net)  
When & Where: Wed 9.30-1pm. Last Wed in month 9.30-4pm.  
A space where people with a disability or long term illness can meet and participate in crafting activities and take up new hobbies and interests. The group is self-run and provides a supportive atmosphere in which people can help themselves and others.

**Long Eaton Shop Mobility** Shop Mobility, New Street, Long Eaton, Notts, NG10 1HE Tel No: 0115 946 5392  
e-mail: [info@shopmobilityuk.org](mailto:info@shopmobilityuk.org) Website: [www.shopmobilityuk.org](http://www.shopmobilityuk.org)  
When & Where: Tues-Fri 8.30am-4.15pm, Sat 8.30am-3.30pm Shopmobility Centre, New Street, Long Eaton. We provide wheelchairs or electric powered scooters for those with temporary or permanent disabilities. To enable visits to shops/businesses within the Long Eaton area.

**Making Space** Area Manager, Suite 5, Ashover Business Centre, Matlock Road, Kelstedge, Chesterfield Tel No: 01246 592010  
e-mail: [Honor.Simpson@makingspace.co.uk](mailto:Honor.Simpson@makingspace.co.uk) or [Dawn.Longdon-Whiting@makingspace.co.uk](mailto:Dawn.Longdon-Whiting@makingspace.co.uk) Website: [www.makingspace.co.uk](http://www.makingspace.co.uk)  
If you are a family member, relative, carer or friend who cares for someone with severe mental illness (who is an adult of working age), you may want to talk to your local Making Space Carer Support Co-ordinator.

**Making Space Carer Support Co-ordinator - Amber Valley**  
Recovery Team, 2nd Floor, North Mill, Bridgefoot, Belper, Derbyshire, DE56 1YD Tel No: 01773 826040 e-mail: [Claire.Ewart@makingspace.co.uk](mailto:Claire.Ewart@makingspace.co.uk)  
**Making Space Family Support Co-ordinator – Erewash** Recovery Team, Brooklands, Park Avenue, Ilkeston, Derbyshire, DE7 5DH  
Tel No: 0115 938696 e-mail: [Mary.Brown@makingspace.co.uk](mailto:Mary.Brown@makingspace.co.uk)

**Northern Counties Housing Association Limited** Guinness Northern Counties, 3.1 Clarendon Park, Clumber Avenue, Nottingham NG5 1AH, Tel No: 0845 605 9000 e-mail: [customer.service@guinness.org.uk](mailto:customer.service@guinness.org.uk)  
Website: [www.guinnesspartnership.com](http://www.guinnesspartnership.com)  
When & Where: Mon-Fri 8am - 8pm We provide housing for all sectors of the population. We house people with mental health problems where there is a support package with a reputable 3rd party. We work closely with Social Services, Mental Health teams, health authority etc.

**P3 The Social Inclusion Charity – Erewash** 49-51, South Street, Ilkeston, Derbyshire, DE7 5QT Tel No: 0115 9441604 Fax: 0115 9441543 e-mail: [info@p3charity.org](mailto:info@p3charity.org) Website: [www.p3charity.com](http://www.p3charity.com)

P3, the social inclusion charity, aims to provide support to enable people to gain the confidence and self-esteem in order to reach their full potential and achieve their optimum level of independence. For people in the Erewash area.

**Peak and Dales Advocacy** Peaks & Dales Advocacy, 16 Eagle Parade, Buxton, SK17 6EQ Tel No: 01298 79539

e-mail: [padaf@btconnect.com](mailto:padaf@btconnect.com) Website: [www.Peaksanddalesadvocacy.org.uk](http://www.Peaksanddalesadvocacy.org.uk)

When & Where: Office: 16 Eagle Parade Buxton. We are a generic, independent advocacy organisation with a specific, free, one to one mental health project helping people with mental health needs, to have a voice and be listened to by service providers.

**Green Health Enterprise** The Gardens, The Field, Shipley, Heanor, DE75 7JH Tel No: 0115 9307 404 e-mail: [den.phillips@rethink.org](mailto:den.phillips@rethink.org)

When & Where: Mon-Fri 9am-5pm, Occasional weekends.

GHE is a socially integrated (service user and non service user) project, whereby people experiencing mental health related problems plan, work, train and interact with others to achieve common personal, social and environmental goals.

**The Croft Mental Health Day Service** The Croft, Slack Lane, Ripley, Derbyshire, DE5 3HF Tel No: 01773 513508 Helpline No: 0800 027 2127

Fax: 01773 513508 When & Where: 6 day a week organisation + evening The Croft. A Day Centre situated in Ripley which provides a range of Social and Activity groups both at The Croft and within the local community. The Social groups focus on reducing isolation and loneliness and enables members to share experiences.

**Salcare** Heanor Parish Church Salcare, 59 Ray Street, Heanor, DE75 7GF Tel No: 01773 764562 Website: [www.salcare.org.uk](http://www.salcare.org.uk)

Salcare is a local charity that helps those in need or on low incomes. We offer; charity shop selling low cost clothes, household items, books, CDs, DVDs and Videos, low cost, good quality furniture, laundry service, welfare benefits advice, debt advice, a drop in centre - come and meet others, have a chat, Sunrays Café - Homemade food, lunches, low price for a hot meal.

**Smoking Cessation Services - Derbyshire County Stop smoking services** Tel: 0800 085 2299 Website: [www.dchs.nhs.uk](http://www.dchs.nhs.uk)

NHS service for people living in Derbyshire County offering free local support,

advice and information for people who want to stop smoking.

## **Southern Derbyshire Voluntary Sector Mental Health Forum**

**(SDVSMHF)** Suite 3F, East Mill, Bridge Foot, Belper, Derbyshire, DE56 2UA Tel No: 01773 599995

e-mail: [info@sdvsmhf.org.uk](mailto:info@sdvsmhf.org.uk) Website: [www.sdvsmhf.org.uk](http://www.sdvsmhf.org.uk)

Providing training, co-ordination and support to all the DRE Community Development Workers in Derbyshire.

## **Stepping Stones** Community Hall, Ilkeston Road, Heanor, Derbyshire,

DE75 7AG Tel No: 01773 710939

e-mail: [info@steppingstonesav.co.uk](mailto:info@steppingstonesav.co.uk) Website: [www.steppingstonesav.co.uk](http://www.steppingstonesav.co.uk)

When & Where: Open Mon-Fri 9am-2.30pm Ilkeston Road, Heanor, Derbys.

Day-care service for adults of varying ages including people who are frail, elderly or lonely. People living alone, in residential care, survivors of strokes, people with learning difficulties and other disadvantaged groups.

## **Sporting Futures** Town Hall, Market Place, Ripley, Derbyshire, DE5 3BT

Tel No: 01773 841577

e-mail: [info@sporting-futures.org.uk](mailto:info@sporting-futures.org.uk) Website: [www.sporting-futures.org.uk](http://www.sporting-futures.org.uk)

Sporting Futures engages with hard to reach and vulnerable young people through sport. Working in some of the most disadvantaged neighbourhoods in the county, the charity has worked with thousands of young people, developing their confidence and teamwork skills, giving them opportunities to participate in regular activity and helping them to engage in their local communities.

## **Sure Start Children's Centres**

Children's centres provide a variety of advice and support for parents and carers. Their services are available to you from pregnancy right through to when your child goes into reception class at primary school.

### **Amber Valley**

- **Alfreton** - Grange Street, Alfreton, Derbyshire, DE55 7JA  
Tel No: 01629 533066
- **Belper** - Community Centre, Alder Road, Belper, Derbyshire, DE56 1LP Tel No: 01773 826651
- **Crich** - Old Vicarage Mews, Off Coasthill, Crich, DE4 5DS  
Tel No: 01773 826651
- **Duffield** - 21-25 New Zealand Lane, Duffield, DE56 4BZ  
Tel No: 01629-5533810
- **Heanor** - Roper Avenue, Marpool, Heanor, Derbyshire, DE75 7BZ  
Tel No: 01773 530892

- **Ironville** - Ironville & Codnor Park Primary School, Victoria Street, Ironville, NG16 5NB Tel No: 01629 532601
- **Langley Mill** - Bailey Brook Drive, Langley Mill, Nottingham, NG16 4FS Tel No: 01773 767982
- **Ripley** - Sandham Lane, Ripley, Derbyshire, DE5 3HE  
Tel No: 01629 533900
- **Somercotes** - Somercotes Infant School, Victoria Street, Somercotes, Derbyshire, DE55 4LY Tel No: 01773 604843

### **Erewash**

- **Cotmanhay** - Beauvale Drive, Ilkeston, Derbyshire, DE7 8RU  
Tel No: 01629 531949
- **Kirk Hallam** - Kenilworth Drive, Kirk Hallam, Ilkeston, Derbyshire, DE7 4EX Tel No: 01629 531576
- **Long Eaton** - c/o Long Eaton Family Support Centre, Lime Terrace, Long Eaton, Nottingham, NG10 4LF Tel No: 01629 532625
- **Sandiacre** - c/o Ladycross School, Victoria Road, Sandiacre, Nottingham, NG10 5JD Tel No: 01629 537820
- **West Hallam** – Beech Lane, West Hallam, Ilkeston, DE7 6GU  
Tel No: 01629 533630

**T/A Amber Trust** Suite 4A, Eastmill, Bridge Foot, Belper, DE56 2VA  
Tel No: 01773 599599 Fax: 01773 599512

e-mail: [info@ambertrust.co.uk](mailto:info@ambertrust.co.uk) Website: [www.ambertrust.co.uk](http://www.ambertrust.co.uk)

Amber Trust works with other agencies and organisations to support people with mental ill health to live successfully in their local communities.

**The Horizon Group** Long Eaton Green, Long Eaton, Nottinghamshire,  
Tel No: 07800657968 When & Where: Thurs 10.00am - 12.30pm United Reformed Church, Long Eaton Green, Long Eaton. This is a self help group for people who have or are experiencing Mental Health and emotional problems. Carers are also welcome. Fundraising activities are regularly held.

**Framework Housing Association** Val Roberts House, 25 Gregory Boulevard, Nottingham, NG7 6NX Tel No: 0115 841 7711 Fax No: 0115 960 3985 Helpline: 0800 066 5356 Website: [www.frameworkha.org](http://www.frameworkha.org)

Framework's mission is to help homeless and vulnerable people by providing high quality housing, support, prevention, and training services. We enable people to live independent lives by offering choice and opportunity. Everything we do is centred around the needs and preferences of the people who use our services, most people need more than just a roof over their head. Finding out what people need and then supporting them appropriately is at the heart of everything we do.

**Touchwood Centre (Erewash Mental Health Association Limited)** 63-67 Derby Road, Long Eaton, Nottinghamshire, NG10 1LU

Tel No: 0115 9461213

e-mail: [c.peet@erewash-mh.org.uk](mailto:c.peet@erewash-mh.org.uk) Website: [www.erewash-mh.org.uk](http://www.erewash-mh.org.uk)

When & Where: Mon - Fri 10-3:30pm. Day centre for people experiencing and recovering from mental health problems. No referral necessary, just come along.

**Valley CIDS** 13-14 The Green, Swanwick, Alfreton, Derbyshire. DE55 1BL

Tel No: 01773 609603 Fax No: 01773 609653

e-mail: [info.valleycids@w3z.co.uk](mailto:info.valleycids@w3z.co.uk) Website: [www.valleycids.co.uk](http://www.valleycids.co.uk)

Charity based in Swanwick Derbyshire that is committed to building and strengthening community in and around Derbyshire. Its aim is to support children and families through outreach work in schools and the wider community.

**Victim Support - Derbyshire Victim Care Team** Askew House,

Oat Hill, Derby Road, Wirksworth, Derbyshire, DE4 4AQ Tel No: 01629

825544 Helpline No: 0845 30 30 900 Website: [www.victimsupport.org.uk](http://www.victimsupport.org.uk)

When & Where: Mon - Fri 9-1pm Local victims and witnesses of crime can contact the victim care team in Derbyshire, for information, emotional support and practical help.

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## Core Care Standards listed:

### Assessment:

- We will find out with you what your needs are

### Care planning:

- You will have a clear care plan

### Review:

- We will check that things are working for you

### Co-ordination:

- Your care will be co-ordinated

### Discharge/Transfer:

- We will make sure your transfer or discharge works well

### Families and Carers:

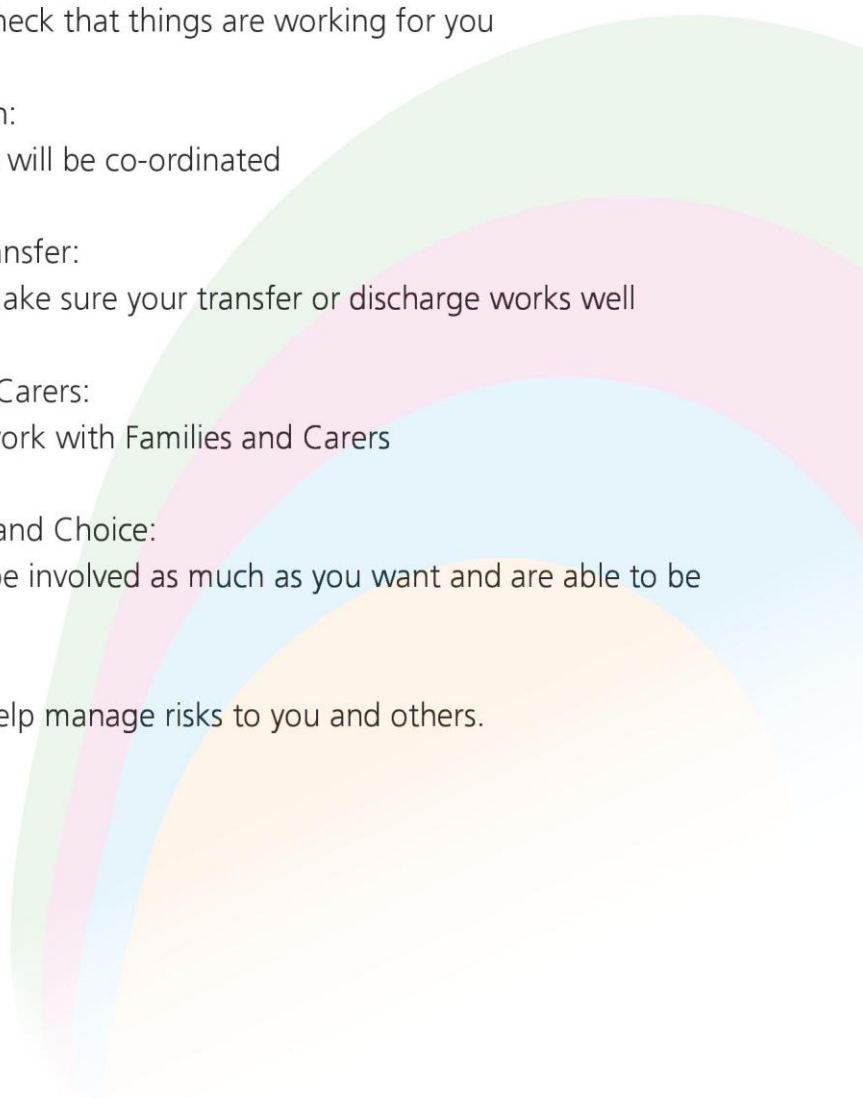
- We will work with Families and Carers

### Involvement and Choice:

- You will be involved as much as you want and are able to be

### Risk:

- We will help manage risks to you and others.



# Love Your Local NHS

Join Derbyshire Healthcare NHS Foundation Trust  
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Membership entitles you to benefits including  
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Disponible dans d'autres langues et dans d'autres formats. Veuillez demander une traduction.

अन्य भाषाओं और अन्य प्रारूपों में उपलब्ध, कृपया अनुवाद के लिए पूछें।

可翻译为其他语言或用其他格式显示。请要求获得翻译本。

Informacje dostępne w innych językach i formatach. Prosimy zapytać o tłumaczenie.

ਦੂਜੀਆਂ ਭਾਸ਼ਾਵਾਂ ਅਤੇ ਦੂਜੇ ਫਾਰਮੈਟਾਂ ਵਿੱਚ ਉਪਲਬਧ ਹੈ। ਕ੍ਰਿਪਾ ਕਰਕੇ ਅਨੁਵਾਦ ਲਈ ਕਹੋ।

Dostupno na drugim jezicima i u drugim formatima. Molimo pitajte za prevod.

دیگر زبانوں اور صورتوں میں دستیاب ہے۔ براہ کرم ترجمے کے لیے کہیں۔