



### **Upcoming elections!**

Elections for [Erewash South](#) and [Derby City East](#) (one of two seats) will be running in spring.

We need members of the public who are motivated, enthusiastic and willing to engage with their local community. It is important to us as an NHS Foundation Trust to get a wide range of people from different age groups, genders, ethnicities and backgrounds to best represent the people within their constituency.

To be eligible to become a governor you must:

- be a member of the constituency you wish to stand for
- be 16 or over.

For further information please email [membership@derbyshcft.nhs.uk](mailto:membership@derbyshcft.nhs.uk) or call 01332 623723.

### **Online voting – coming soon....**

We will be trialling online voting for our next round of elections (subject to constitutional change agreement from our Council of Governors). If you live within Erewash South or Derby City East please look out for your electronic online voting email.

This method of voting is totally secure, free of charge and intended to provide ease and flexibility to members as well as reducing costs on posting out hard copy forms.

## We've begun 2015 with two major new initiatives

The **Chesterfield Liaison Team** formally launched on 29 January with an event at the Old Lecture Theatre, Chesterfield Royal Hospital. The service will offer comprehensive advice and support to patients attending the Emergency Department and acute inpatient wards at Chesterfield Royal who are suspected of having mental health needs or drug and alcohol issues.



If you are a keen viewer of BBC East Midlands Today, you may have also seen the feature earlier this week about how the success of our Liaison Team in Derby has helped to secure an investment for this new Liaison Team in Chesterfield.

The first phase of the **Hope and Resilience Hub** (formerly the Recovery and Resilience Hub) began on 2 February. The first phase will see the bringing together of three services:

- London Road Day Hospital
- Occupational Therapy Department, Radbourne Unit
- Ward 35, Radbourne Unit.



These three services will work together to continue developing a community-facing service that embeds recovery-orientated practice throughout. This will include wellbeing planning, recovery education, psychosocial education, Maastricht interviewing, brief solution-focused therapy and the building of further relationships with our community partners to create many and varied pathways out of the service.

There will be a focus on co-production and involvement within the Hope and Resilience Hub with a paid Peer Support Worker and many volunteers, who use our services, working within the Hub. The hub will formally open later this year.

## JoinedUpCare for North Derbyshire update

21c JoinedUpCare, the transformation programme for the north of the county, has outlined its intention to develop community hubs, which will provide and support joined up care; developed with local people to meet



their needs.

The community hubs will:

- Provide 'out of hospital' places from which JoinedUpCare will be delivered
- Service the needs of children and adults
- Support the integration and delivery of mental health, physical health and social care – to meet whole needs of people ('whole person care')
- Offer urgent, planned and bedded care to complement services provided at home and in hospitals - delivering the right care, in the right setting, by the right people
- Meet the specific needs of local communities; not one size will fit all
- Recognise that different communities will start with different services and facilities (including primary care)
- Potentially be delivered from a combination of the most appropriate physical locations to balance access and resilience needs
- Take account of housing developments and new facilities
- Consider how technology can support new approaches to care delivery.

The Trust continues to work as a key partner within the programme, helping to align the thinking between the community hubs and our emerging neighbourhood model. For further information about the programme and its workstreams, visit [www.joinedupcare.org.uk](http://www.joinedupcare.org.uk)

### **Our transformation update:**

In relation to his future plans for the NHS, in July 2014 Simon Stevens (Chief Executive of NHS England) said: "We need a double N in 'NHS' – a National Health Service offering more Neighbourhood health support".

We are proud to reflect that we are at the forefront of this and are working towards a shadow Neighbourhood based form from April 2015.

We are currently modelling our plans in order to fully understand the impact of some of the changes that will result from taking a neighbourhood based approach. We feel this is important in order to maintain patient safety and to fully explore how our neighbourhood services will work prior to their implementation. This will ensure we can tweak and refine our plans in the run up to their commencement this spring.

## Supporting people to live at home, with dementia



An exciting new development was announced at the Board, in relation to the Trust's dementia services, following an initial idea that was formed during the older people's PPT (pathway and partnership team).

Derbyshire currently provides more older people's hospital beds than the national average, and yet we know that for people with dementia, admission to hospital is disruptive; breaking fragile routines, and causing confusion, which in turn makes admission to

residential or nursing care more likely. Most people want to stay in their own homes as long as possible.

We have therefore been exploring the idea of forming a Dementia Rapid Response Team; a group of specialist staff working seven days a week, to help resolve crises without requiring hospital admission. This has been done in a nearby county, where they have been able to substantially reduce hospital admissions, providing additional support to people in the community.

The Trust has been reviewing the model that was used to achieve this in wider NHS services and would like to extend this practice to Derbyshire. We have recently been successful in obtaining innovation funding to pilot these ideas and we are currently recruiting for a team leader to develop these exciting proposals.

### **Our commitment**

The Trust is committed to working collectively with its partners to ensure we share our plans, and support each other in any potential changes – thereby creating more joined-up care approaches with fewer transfers of care or gaps in services for our patients.

The Trust is working with our local healthcare economy partners to achieve this vision, through the STaR (System Transformation and Resilience) programme in the city and south of the county and through the 21<sup>st</sup> Century Healthcare (21c) programme in the north. Both groups are responsible for working to the Health and Wellbeing Boards' visions for a combined Derbyshire-wide health and care system. Both systems have five year plans to redesign services, locate care closer to home and drive cost efficiencies.

### **We're backing 'Hello My Name Is...' to ensure compassionate care**

We're joining more than 80 NHS organisations – comprising over 400,000 staff who

care for millions of people – in celebrating the 'Hello my name is...' campaign, to encourage more compassionate care for patients.

The campaign was created by Dr Kate Granger, a young hospital consultant from Yorkshire who works in elderly care, to improve the patient experience not only here in the UK, but across the world. Kate, who has cancer, became frustrated with the number of staff who failed to introduce themselves to her when she was in hospital. Her campaign, started on social media platform Twitter, has inspired nurses, doctors, therapists, receptionists, porters, domestics and staff in all roles.



### **A message from Steve Trenchard, our Chief Executive:**

"I had no hesitation in joining this initiative. The 'call to action' is simple: to make sure you always introduce yourself properly to people in our services. Dr Kate Granger talks about this as "the first rung on the ladder to providing compassionate care" and sees it as the start of making a vital human connection, helping patients to relax, and building trust. Feedback from patients across the country shows how vital this is to them, saying that the smallest things make the biggest difference."

### **Public dementia Q&A sessions during February**



A panel of dementia experts from our Trust will host two dementia Q&A sessions this February to answer the many questions local people have about this commonly misunderstood illness.

The Q&A sessions, which are open to everyone with an interest in dementia, those who have been

recently diagnosed with the condition and their carers, are being held on:

- **Thursday 12 February:** 6.30pm to 8.30pm, Oakland Village, Hall Farm Road, Swadlincote, Derbyshire DE11 8LH
- **Thursday 26 February:** 6pm to 8pm at Dovedale Day Hospital, London Road, Derby DE1 2XX

Dr Ed Komocki, Consultant in Old Age Psychiatry for Derbyshire Healthcare, said: "I would encourage anyone who has questions about dementia to attend one of these sessions to get the answers and support they need. Everyone attending will have the opportunity to speak freely with a varied group of health professionals - doctors, nurses, occupational therapists, physiotherapists, pharmacists and others – all of whom are trained in dementia care and will be able to offer advice on issues raised."

For further information, or if you would like to attend a Q&A session at:

Swadlincote - Please contact Sarah Wood on 01283 227060

Derby - Please contact Jane Morris on 01332 866980.

### **Calling all members!**

We are looking for enthusiastic Trust members who have a passion for their local community to work with us as Membership Champions.

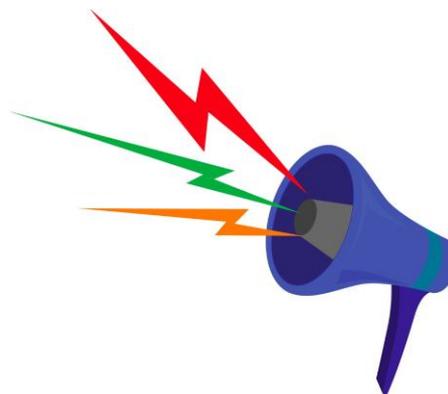
As a voluntary Membership Champion you will help us to recruit new members and engage with existing ones, closely linked with the community in which you live.

You may have an interest in mental health, learning disabilities, children's health or substance abuse services. Or you may want to learn more about the Trust and how it serves the local population.

You will work closely with members of the Communications and Involvement team and with Trust governors, and be invited to attend membership planning meetings.

We would like our Membership Champions to help us discover what our members really want out of their Trust membership and assist us in providing it.

For more information or to express an interest, please contact the Membership team on **01332 623723** or email [membership@derbyshcft.nhs.uk](mailto:membership@derbyshcft.nhs.uk).



- Training and full support available
- Voluntary role but travel expenses will be reimbursed
- No set hours – as much or as little time as you wish to give
- Currently limited spaces available
- Open to all members throughout the county.

### **Next Council of Governors' meetings**

Every three months, Trust governors meet the executive team to discuss issues and give feedback from their constituents. These meetings are open to the public – if you would like to attend and have any special requirements, please contact the membership team on 01332 623723 or email [membership@derbyshcft.nhs.uk](mailto:membership@derbyshcft.nhs.uk).

All meetings are held in Conference Rooms A and B at the Centre for Research & Development, Kingsway Site, Derby DE22 3LZ.

#### 2015 meeting dates

Tuesday 10 March 2015, 1pm - 4pm

Tuesday 16 June 2015, 1pm - 4pm

Tuesday 8 September 2015, 1pm - 4pm

Tuesday 8 December 2015, 1pm - 4pm

### **Get to know your governor -**

Contacting your local governor is a key way to get involved in our work and ensure that we provide the best possible care and treatment. You can contact your local governor by emailing [governors@derbyshcft.nhs.uk](mailto:governors@derbyshcft.nhs.uk) (please say where you live, so we can forward on your message to the appropriate governor) or calling the Membership team on 01332 623723.

### **And finally.....**

#### **Take our website survey**

We are planning to merge and refresh the content of our two websites, the Trust website ([www.derbyshirehealthcareft.nhs.uk](http://www.derbyshirehealthcareft.nhs.uk)) and the Core Care Standards website ([www.corecarestandards.co.uk](http://www.corecarestandards.co.uk)). We would like to understand how you use the tools and information on these sites, and what could be improved. Please take a moment to answer the questions in our short [survey](#). Your responses will be confidential and anonymous.



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